

Seaside Heights, NJ - Aug 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	6:16	4.1	6:32	4.8	12:16	0.5	12:10	0.6	5:54	8:10	
2	Wed	7:00	4.3	7:12	4.9	12:59	0.4	12:54	0.5	5:55	8:09	
3	Thu	7:41	4.4	7:50	5.0	1:41	0.3	1:39	0.5	5:56	8:08	
4	Fri	8:21	4.4	8:25	4.9	2:22	0.2	2:21	0.5	5:57	8:07	
5	Sat	8:59	4.4	8:59	4.8	3:00	0.2	3:02	0.5	5:58	8:05	
6	Sun	9:36	4.4	9:33	4.7	3:36	0.2	3:41	0.5	5:59	8:04	
7	Mon	10:13	4.4	10:08	4.6	4:09	0.2	4:18	0.6	6:00	8:03	
8	Tue	10:52	4.4	10:49	4.5	4:41	0.3	4:56	0.7	6:01	8:02	
9	Wed	11:35	4.5	11:37	4.3	5:14	0.4	5:39	0.8	6:01	8:01	
10	Thu			12:24	4.6	5:52	0.5	6:33	0.9	6:02	8:00	
11	Fri	12:32	4.2	1:16	4.7	6:42	0.6	7:42	0.9	6:03	7:58	
12	Sat	1:30	4.2	2:12	4.9	7:49	0.6	8:55	0.8	6:04	7:57	
13	Sun	2:32	4.2	3:13	5.0	9:01	0.6	10:01	0.5	6:05	7:56	
14	Mon	3:41	4.2	4:20	5.2	10:08	0.4	11:01	0.2	6:06	7:54	
15	Tue	4:51	4.4	5:24	5.5	11:10	0.1	11:57	-0.1	6:07	7:53	
16	Wed	5:55	4.7	6:22	5.7			12:08	-0.1	6:08	7:52	
17	Thu	6:52	5.1	7:16	5.9	12:51	-0.4	1:05	-0.3	6:09	7:50	
18	Fri	7:44	5.3	8:07	5.9	1:44	-0.6	2:00	-0.4	6:10	7:49	
19	Sat	8:36	5.4	8:57	5.8	2:34	-0.7	2:54	-0.4	6:11	7:47	
20	Sun	9:27	5.4	9:48	5.6	3:22	-0.7	3:44	-0.3	6:12	7:46	
21	Mon	10:19	5.3	10:40	5.2	4:08	-0.6	4:33	-0.1	6:13	7:45	
22	Tue	11:11	5.2	11:33	4.9	4:52	-0.3	5:22	0.2	6:14	7:43	
23	Wed			12:04	5.0	5:37	0.1	6:15	0.6	6:15	7:42	
24	Thu	12:26	4.6	12:55	4.8	6:26	0.4	7:14	0.8	6:16	7:40	
25	Fri	1:18	4.3	1:45	4.6	7:19	0.8	8:16	1.0	6:17	7:39	
26	Sat	2:10	4.1	2:35	4.5	8:17	1.0	9:17	1.0	6:18	7:37	
27	Sun	3:03	3.9	3:27	4.4	9:15	1.0	10:12	1.0	6:19	7:36	
28	Mon	3:59	3.9	4:23	4.5	10:09	1.0	11:00	0.8	6:20	7:34	
29	Tue	4:56	4.0	5:16	4.6	10:58	0.9	11:45	0.7	6:20	7:33	
30	Wed	5:48	4.2	6:03	4.7	11:44	0.7			6:21	7:31	
31	Thu	6:33	4.4	6:45	4.9	12:27	0.5	12:29	0.6	6:22	7:30	