

Seaside Heights, NJ - Nov 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	7:04	5.5	7:23	4.8	12:59	0.0	1:36	-0.2	6:25	4:54	●
2	Thu	7:45	5.5	8:09	4.7	1:43	-0.1	2:23	-0.2	6:26	4:53	●
3	Fri	8:31	5.5	9:00	4.5	2:27	0.0	3:09	-0.2	6:27	4:52	●
4	Sat	9:24	5.3	9:58	4.4	3:13	0.1	3:58	-0.1	6:28	4:51	◐
5	Sun	10:23	5.2	11:01	4.4	4:02	0.2	4:52	0.1	6:29	4:49	◐
6	Mon	11:25	5.0			5:01	0.4	5:53	0.2	6:30	4:48	◐
7	Tue	12:04	4.4	12:27	4.9	6:11	0.6	7:00	0.2	6:31	4:47	◑
8	Wed	1:05	4.4	1:27	4.8	7:25	0.6	8:04	0.1	6:33	4:46	◑
9	Thu	2:05	4.6	2:28	4.7	8:34	0.5	9:02	0.0	6:34	4:45	◑
10	Fri	3:07	4.8	3:30	4.7	9:34	0.3	9:54	-0.1	6:35	4:44	◑
11	Sat	4:05	5.0	4:28	4.7	10:29	0.1	10:43	-0.2	6:36	4:43	○
12	Sun	4:58	5.2	5:20	4.8	11:19	-0.1	11:29	-0.3	6:37	4:43	○
13	Mon	5:45	5.3	6:07	4.8			12:08	-0.2	6:38	4:42	○
14	Tue	6:28	5.4	6:51	4.7	12:14	-0.2	12:55	-0.2	6:39	4:41	○
15	Wed	7:09	5.3	7:35	4.6	12:58	-0.1	1:40	-0.2	6:41	4:40	○
16	Thu	7:49	5.2	8:18	4.4	1:40	0.0	2:23	-0.1	6:42	4:39	○
17	Fri	8:29	4.9	9:04	4.2	2:20	0.2	3:03	0.1	6:43	4:38	○
18	Sat	9:11	4.7	9:51	4.0	2:59	0.4	3:43	0.3	6:44	4:38	○
19	Sun	9:55	4.4	10:42	3.8	3:37	0.6	4:23	0.5	6:45	4:37	○
20	Mon	10:42	4.2	11:33	3.7	4:17	0.8	5:07	0.7	6:46	4:36	○
21	Tue	11:31	4.0			5:04	1.0	5:58	0.8	6:47	4:36	○
22	Wed	12:22	3.7	12:20	3.9	6:02	1.2	6:55	0.8	6:48	4:35	○
23	Thu	1:09	3.8	1:08	3.9	7:10	1.2	7:51	0.8	6:50	4:35	◐
24	Fri	1:57	3.9	1:59	3.9	8:13	1.1	8:42	0.6	6:51	4:34	◐
25	Sat	2:48	4.1	2:55	3.9	9:09	0.8	9:29	0.4	6:52	4:34	◐
26	Sun	3:39	4.4	3:52	4.0	10:01	0.5	10:15	0.2	6:53	4:33	◐
27	Mon	4:28	4.7	4:44	4.2	10:50	0.2	10:59	0.0	6:54	4:33	◑
28	Tue	5:14	5.0	5:33	4.4	11:38	-0.1	11:45	-0.2	6:55	4:32	◑
29	Wed	5:58	5.3	6:19	4.5			12:28	-0.4	6:56	4:32	◑
30	Thu	6:42	5.5	7:06	4.6	12:33	-0.3	1:17	-0.6	6:57	4:32	●