

Seaside Heights, NJ - Dec 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	7:28	5.6	7:56	4.6	1:22	-0.4	2:07	-0.7	6:58	4:31	
2	Sat	8:18	5.5	8:49	4.5	2:12	-0.4	2:55	-0.7	6:59	4:31	
3	Sun	9:12	5.4	9:48	4.5	3:02	-0.4	3:45	-0.6	7:00	4:31	
4	Mon	10:10	5.2	10:49	4.4	3:54	-0.2	4:36	-0.5	7:01	4:31	
5	Tue	11:11	4.9	11:51	4.4	4:51	0.0	5:34	-0.3	7:02	4:31	
6	Wed			12:10	4.7	5:57	0.2	6:35	-0.2	7:03	4:31	
7	Thu	12:49	4.5	1:08	4.5	7:08	0.3	7:37	-0.1	7:04	4:31	
8	Fri	1:46	4.5	2:06	4.3	8:16	0.3	8:36	-0.1	7:05	4:31	
9	Sat	2:44	4.6	3:06	4.2	9:17	0.2	9:29	-0.2	7:05	4:31	
10	Sun	3:42	4.7	4:05	4.2	10:11	0.0	10:18	-0.2	7:06	4:31	
11	Mon	4:36	4.8	4:58	4.2	11:02	-0.1	11:04	-0.2	7:07	4:31	
12	Tue	5:23	4.9	5:46	4.2	11:49	-0.2	11:48	-0.2	7:08	4:31	
13	Wed	6:06	4.9	6:30	4.2			12:35	-0.2	7:09	4:31	
14	Thu	6:46	4.9	7:13	4.2	12:32	-0.1	1:18	-0.3	7:09	4:31	
15	Fri	7:25	4.8	7:55	4.1	1:14	-0.1	2:00	-0.2	7:10	4:32	
16	Sat	8:03	4.7	8:37	4.0	1:55	0.0	2:39	-0.2	7:11	4:32	
17	Sun	8:41	4.5	9:21	3.8	2:34	0.1	3:16	-0.1	7:11	4:32	
18	Mon	9:20	4.3	10:06	3.7	3:12	0.3	3:52	0.1	7:12	4:32	
19	Tue	10:01	4.1	10:53	3.6	3:49	0.5	4:29	0.2	7:13	4:33	
20	Wed	10:44	3.9	11:39	3.6	4:29	0.7	5:09	0.4	7:13	4:33	
21	Thu	11:30	3.8			5:16	0.8	5:55	0.5	7:14	4:34	
22	Fri	12:24	3.7	12:18	3.7	6:16	0.9	6:50	0.5	7:14	4:34	
23	Sat	1:09	3.8	1:08	3.6	7:24	0.8	7:48	0.4	7:15	4:35	
24	Sun	1:57	3.9	2:04	3.6	8:29	0.6	8:43	0.3	7:15	4:35	
25	Mon	2:52	4.2	3:07	3.7	9:27	0.3	9:36	0.0	7:16	4:36	
26	Tue	3:49	4.5	4:10	3.8	10:22	0.0	10:27	-0.2	7:16	4:37	
27	Wed	4:43	4.8	5:07	4.1	11:14	-0.3	11:19	-0.4	7:16	4:37	
28	Thu	5:34	5.2	5:59	4.3			12:06	-0.6	7:16	4:38	
29	Fri	6:24	5.4	6:50	4.5	12:11	-0.6	12:59	-0.9	7:17	4:39	
30	Sat	7:14	5.5	7:42	4.6	1:05	-0.8	1:50	-1.1	7:17	4:39	
31	Sun	8:05	5.5	8:37	4.6	1:58	-0.9	2:39	-1.2	7:17	4:40	