

Seaside Heights, NJ - Mar 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	9:15	5.0	9:42	4.9	3:10	-1.0	3:30	-1.0	6:29	5:47	
2	Fri	10:08	4.6	10:35	4.6	3:58	-0.7	4:15	-0.7	6:28	5:48	
3	Sat	11:02	4.3	11:28	4.4	4:49	-0.3	5:02	-0.3	6:26	5:49	
4	Sun	11:55	3.9			5:45	0.0	5:55	0.1	6:25	5:50	
5	Mon	12:20	4.2	12:49	3.7	6:48	0.3	6:55	0.4	6:23	5:51	
6	Tue	1:12	4.0	1:43	3.5	7:52	0.5	7:56	0.5	6:22	5:52	
7	Wed	2:06	3.8	2:40	3.4	8:52	0.5	8:55	0.5	6:20	5:53	
8	Thu	3:05	3.8	3:40	3.5	9:45	0.4	9:47	0.4	6:19	5:54	
9	Fri	4:03	3.9	4:34	3.7	10:32	0.2	10:35	0.3	6:17	5:56	
10	Sat	4:53	4.0	5:21	3.9	11:15	0.1	11:20	0.1	6:16	5:57	
11	Sun	5:37	4.2	6:03	4.1	11:56	-0.1			6:14	5:58	
12	Mon	6:16	4.3	6:41	4.3	12:04	0.0	12:36	-0.2	6:12	5:59	
13	Tue	6:53	4.4	7:17	4.3	12:47	-0.1	1:15	-0.2	6:11	6:00	
14	Wed	7:27	4.4	7:51	4.4	1:28	-0.2	1:51	-0.3	6:09	6:01	
15	Thu	8:01	4.3	8:24	4.4	2:07	-0.2	2:25	-0.2	6:08	6:02	
16	Fri	8:34	4.2	8:58	4.4	2:44	-0.2	2:57	-0.1	6:06	6:03	
17	Sat	9:11	4.0	9:35	4.4	3:21	-0.1	3:29	0.0	6:04	6:04	
18	Sun	9:53	3.9	10:21	4.3	3:59	0.0	4:03	0.1	6:03	6:05	
19	Mon	10:45	3.8	11:15	4.3	4:43	0.1	4:44	0.2	6:01	6:06	
20	Tue	11:44	3.7			5:41	0.3	5:43	0.4	5:59	6:07	
21	Wed	12:14	4.3	12:46	3.7	6:53	0.4	7:03	0.4	5:58	6:08	
22	Thu	1:17	4.4	1:52	3.8	8:06	0.2	8:21	0.3	5:56	6:09	
23	Fri	2:25	4.5	3:02	4.0	9:11	0.0	9:29	0.0	5:55	6:10	
24	Sat	3:34	4.7	4:09	4.4	10:09	-0.3	10:29	-0.3	5:53	6:11	
25	Sun	4:38	4.9	5:08	4.8	11:03	-0.6	11:26	-0.6	5:51	6:12	
26	Mon	5:34	5.1	6:01	5.1	11:54	-0.9			5:50	6:13	
27	Tue	6:25	5.3	6:50	5.3	12:20	-0.8	12:44	-1.0	5:48	6:14	
28	Wed	7:14	5.3	7:38	5.4	1:13	-0.9	1:33	-1.0	5:47	6:15	
29	Thu	8:03	5.1	8:25	5.3	2:03	-0.9	2:18	-0.9	5:45	6:16	
30	Fri	8:52	4.9	9:13	5.1	2:51	-0.8	3:02	-0.7	5:43	6:17	
31	Sat	9:43	4.6	10:03	4.8	3:37	-0.5	3:45	-0.3	5:42	6:18	