

Seaside Heights, NJ - May 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue			12:01	4.0	5:43	0.3	5:42	0.7	5:56	7:49	
2	Wed	12:08	4.4	12:53	3.9	6:32	0.6	6:33	1.0	5:55	7:50	
3	Thu	12:58	4.1	1:43	3.9	7:28	0.8	7:34	1.2	5:54	7:52	
4	Fri	1:48	4.0	2:33	3.9	8:26	0.8	8:38	1.2	5:52	7:53	
5	Sat	2:38	3.9	3:24	3.9	9:20	0.8	9:38	1.1	5:51	7:53	
6	Sun	3:32	3.9	4:17	4.1	10:10	0.7	10:31	0.9	5:50	7:54	
7	Mon	4:28	3.9	5:08	4.3	10:55	0.5	11:20	0.7	5:49	7:55	
8	Tue	5:21	4.1	5:53	4.6	11:38	0.4			5:48	7:56	
9	Wed	6:08	4.2	6:34	4.8	12:06	0.4	12:19	0.3	5:47	7:57	
10	Thu	6:50	4.3	7:12	5.1	12:51	0.2	1:01	0.2	5:46	7:58	
11	Fri	7:31	4.4	7:49	5.2	1:37	0.0	1:43	0.1	5:45	7:59	
12	Sat	8:11	4.5	8:28	5.3	2:22	-0.2	2:26	0.1	5:44	8:00	
13	Sun	8:54	4.4	9:10	5.3	3:07	-0.3	3:09	0.1	5:43	8:01	
14	Mon	9:41	4.4	9:57	5.3	3:51	-0.3	3:52	0.1	5:42	8:02	
15	Tue	10:33	4.3	10:50	5.2	4:36	-0.2	4:38	0.2	5:41	8:03	
16	Wed	11:32	4.3	11:50	5.0	5:24	-0.1	5:29	0.4	5:40	8:04	
17	Thu			12:32	4.4	6:19	0.0	6:31	0.5	5:39	8:05	
18	Fri	12:51	4.9	1:31	4.5	7:20	0.1	7:44	0.6	5:38	8:06	
19	Sat	1:50	4.8	2:30	4.6	8:25	0.1	8:56	0.5	5:37	8:07	
20	Sun	2:50	4.7	3:30	4.8	9:25	0.0	10:01	0.4	5:36	8:08	
21	Mon	3:52	4.6	4:31	5.0	10:22	-0.1	11:00	0.2	5:36	8:09	
22	Tue	4:55	4.7	5:28	5.2	11:14	-0.2	11:54	0.0	5:35	8:10	
23	Wed	5:52	4.7	6:20	5.4			12:03	-0.2	5:34	8:11	
24	Thu	6:44	4.8	7:07	5.5	12:46	-0.2	12:51	-0.2	5:33	8:11	
25	Fri	7:33	4.7	7:51	5.5	1:36	-0.3	1:38	-0.1	5:33	8:12	
26	Sat	8:19	4.7	8:34	5.4	2:24	-0.3	2:24	0.0	5:32	8:13	
27	Sun	9:06	4.5	9:16	5.2	3:10	-0.2	3:08	0.2	5:32	8:14	
28	Mon	9:53	4.4	10:00	4.9	3:52	-0.1	3:49	0.4	5:31	8:15	
29	Tue	10:41	4.2	10:45	4.7	4:33	0.1	4:30	0.6	5:30	8:15	
30	Wed	11:31	4.1	11:32	4.4	5:13	0.3	5:11	0.8	5:30	8:16	
31	Thu			12:21	4.0	5:56	0.5	5:56	1.1	5:29	8:17	