

Seaside Heights, NJ - Jun 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	12:20	4.2	1:09	4.0	6:43	0.7	6:50	1.2	5:29	8:18	
2	Sat	1:07	4.1	1:56	4.0	7:35	0.8	7:52	1.3	5:29	8:18	
3	Sun	1:53	4.0	2:42	4.1	8:29	0.8	8:55	1.2	5:28	8:19	
4	Mon	2:41	3.9	3:30	4.2	9:20	0.8	9:52	1.1	5:28	8:20	
5	Tue	3:34	3.9	4:21	4.4	10:09	0.7	10:44	0.8	5:28	8:20	
6	Wed	4:31	3.9	5:10	4.7	10:54	0.5	11:33	0.5	5:27	8:21	
7	Thu	5:26	4.1	5:56	5.0	11:39	0.4			5:27	8:22	
8	Fri	6:16	4.2	6:40	5.3	12:21	0.3	12:24	0.3	5:27	8:22	
9	Sat	7:03	4.4	7:23	5.5	1:10	0.0	1:11	0.1	5:27	8:23	
10	Sun	7:49	4.5	8:07	5.6	1:59	-0.2	2:00	0.0	5:26	8:23	
11	Mon	8:36	4.6	8:54	5.7	2:48	-0.4	2:49	0.0	5:26	8:24	
12	Tue	9:27	4.6	9:45	5.6	3:35	-0.5	3:39	0.0	5:26	8:24	
13	Wed	10:22	4.6	10:40	5.4	4:22	-0.5	4:29	0.1	5:26	8:25	
14	Thu	11:21	4.6	11:39	5.2	5:11	-0.4	5:22	0.2	5:26	8:25	
15	Fri			12:21	4.7	6:03	-0.3	6:23	0.4	5:26	8:26	
16	Sat	12:38	5.1	1:18	4.8	7:00	-0.1	7:31	0.5	5:26	8:26	
17	Sun	1:35	4.9	2:14	4.9	8:01	0.0	8:40	0.5	5:26	8:26	
18	Mon	2:32	4.7	3:10	4.9	9:00	0.0	9:44	0.5	5:26	8:27	
19	Tue	3:31	4.5	4:09	5.0	9:57	0.0	10:43	0.3	5:27	8:27	
20	Wed	4:32	4.4	5:06	5.1	10:49	0.0	11:37	0.2	5:27	8:27	
21	Thu	5:31	4.4	5:58	5.2	11:38	0.1			5:27	8:28	
22	Fri	6:24	4.4	6:45	5.3	12:27	0.1	12:26	0.1	5:27	8:28	
23	Sat	7:12	4.5	7:29	5.3	1:16	0.0	1:12	0.2	5:27	8:28	
24	Sun	7:58	4.5	8:10	5.2	2:03	0.0	1:58	0.3	5:28	8:28	
25	Mon	8:42	4.4	8:51	5.1	2:47	0.0	2:42	0.4	5:28	8:28	
26	Tue	9:27	4.3	9:32	4.9	3:28	0.0	3:24	0.5	5:28	8:28	
27	Wed	10:12	4.2	10:13	4.7	4:07	0.1	4:04	0.6	5:29	8:28	
28	Thu	10:59	4.2	10:55	4.5	4:44	0.3	4:43	0.8	5:29	8:28	
29	Fri	11:45	4.1	11:39	4.3	5:21	0.4	5:23	1.0	5:30	8:28	
30	Sat			12:31	4.1	6:00	0.6	6:09	1.1	5:30	8:28	