

Seaside Heights, NJ - Jul 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	12:24	4.1	1:15	4.1	6:42	0.7	7:04	1.2	5:30	8:28	
2	Mon	1:08	4.0	1:58	4.2	7:32	0.8	8:07	1.3	5:31	8:28	
3	Tue	1:54	3.9	2:42	4.3	8:25	0.8	9:09	1.1	5:31	8:28	
4	Wed	2:44	3.9	3:31	4.5	9:19	0.7	10:07	0.9	5:32	8:28	
5	Thu	3:42	3.9	4:25	4.7	10:12	0.6	11:01	0.6	5:33	8:28	
6	Fri	4:45	4.0	5:19	5.0	11:02	0.4	11:53	0.3	5:33	8:27	
7	Sat	5:44	4.2	6:11	5.4	11:53	0.3			5:34	8:27	
8	Sun	6:37	4.4	7:00	5.6	12:44	0.0	12:45	0.1	5:34	8:27	
9	Mon	7:28	4.6	7:49	5.8	1:36	-0.3	1:39	-0.1	5:35	8:27	
10	Tue	8:19	4.8	8:39	5.9	2:27	-0.5	2:33	-0.2	5:36	8:26	
11	Wed	9:11	4.9	9:31	5.8	3:17	-0.6	3:25	-0.2	5:36	8:26	
12	Thu	10:07	5.0	10:26	5.6	4:05	-0.7	4:17	-0.2	5:37	8:25	
13	Fri	11:04	5.0	11:23	5.4	4:53	-0.6	5:10	0.0	5:38	8:25	
14	Sat			12:03	5.0	5:43	-0.5	6:08	0.2	5:38	8:24	
15	Sun	12:21	5.1	12:59	5.0	6:36	-0.2	7:13	0.4	5:39	8:24	
16	Mon	1:17	4.8	1:54	5.0	7:34	0.0	8:20	0.6	5:40	8:23	
17	Tue	2:12	4.6	2:48	5.0	8:34	0.1	9:25	0.6	5:41	8:23	
18	Wed	3:09	4.4	3:44	4.9	9:31	0.3	10:24	0.5	5:42	8:22	
19	Thu	4:09	4.2	4:42	4.9	10:25	0.3	11:17	0.4	5:42	8:21	
20	Fri	5:09	4.2	5:36	5.0	11:15	0.4			5:43	8:21	
21	Sat	6:03	4.2	6:24	5.0	12:07	0.3	12:03	0.4	5:44	8:20	
22	Sun	6:51	4.3	7:07	5.1	12:54	0.2	12:49	0.4	5:45	8:19	
23	Mon	7:36	4.4	7:48	5.1	1:38	0.2	1:34	0.4	5:46	8:18	
24	Tue	8:18	4.4	8:27	5.0	2:21	0.1	2:18	0.4	5:47	8:18	
25	Wed	9:00	4.4	9:05	4.9	3:01	0.1	3:00	0.5	5:47	8:17	
26	Thu	9:41	4.4	9:42	4.7	3:38	0.2	3:39	0.6	5:48	8:16	
27	Fri	10:23	4.3	10:20	4.5	4:13	0.3	4:17	0.7	5:49	8:15	
28	Sat	11:05	4.2	10:58	4.3	4:47	0.4	4:54	0.8	5:50	8:14	
29	Sun	11:47	4.2	11:39	4.2	5:20	0.5	5:34	1.0	5:51	8:13	
30	Mon			12:29	4.2	5:54	0.7	6:20	1.1	5:52	8:12	
31	Tue	12:24	4.0	1:11	4.3	6:35	0.8	7:19	1.2	5:53	8:11	