

Seaside Heights, NJ - Aug 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	1:12	4.0	1:56	4.4	7:27	0.9	8:26	1.1	5:54	8:10	
2	Thu	2:04	3.9	2:46	4.6	8:30	0.8	9:32	0.9	5:55	8:09	
3	Fri	3:03	3.9	3:44	4.8	9:33	0.7	10:31	0.7	5:56	8:08	
4	Sat	4:10	4.0	4:47	5.1	10:33	0.5	11:26	0.3	5:57	8:07	
5	Sun	5:16	4.2	5:46	5.4	11:29	0.2			5:57	8:06	
6	Mon	6:15	4.6	6:40	5.7	12:20	0.0	12:25	0.0	5:58	8:05	
7	Tue	7:08	4.9	7:31	5.9	1:12	-0.3	1:21	-0.2	5:59	8:03	
8	Wed	8:00	5.1	8:22	6.0	2:04	-0.6	2:17	-0.4	6:00	8:02	
9	Thu	8:53	5.3	9:14	5.9	2:54	-0.8	3:10	-0.4	6:01	8:01	
10	Fri	9:46	5.4	10:08	5.7	3:43	-0.8	4:02	-0.4	6:02	8:00	
11	Sat	10:42	5.3	11:03	5.4	4:30	-0.7	4:54	-0.2	6:03	7:59	
12	Sun	11:38	5.3			5:18	-0.5	5:49	0.1	6:04	7:57	
13	Mon	12:00	5.1	12:35	5.2	6:09	-0.2	6:50	0.4	6:05	7:56	
14	Tue	12:57	4.7	1:29	5.0	7:05	0.2	7:56	0.6	6:06	7:55	
15	Wed	1:52	4.5	2:23	4.9	8:05	0.4	9:01	0.7	6:07	7:53	
16	Thu	2:48	4.2	3:18	4.8	9:05	0.6	10:01	0.7	6:08	7:52	
17	Fri	3:46	4.1	4:15	4.7	10:01	0.7	10:55	0.6	6:09	7:51	
18	Sat	4:46	4.1	5:11	4.7	10:53	0.7	11:43	0.5	6:10	7:49	
19	Sun	5:41	4.2	6:01	4.8	11:41	0.6			6:11	7:48	
20	Mon	6:29	4.3	6:44	4.9	12:28	0.4	12:26	0.6	6:12	7:46	
21	Tue	7:12	4.5	7:24	5.0	1:10	0.3	1:10	0.5	6:13	7:45	
22	Wed	7:52	4.6	8:02	5.0	1:51	0.3	1:53	0.5	6:14	7:44	
23	Thu	8:31	4.6	8:38	4.9	2:30	0.2	2:35	0.5	6:15	7:42	
24	Fri	9:08	4.6	9:12	4.7	3:07	0.2	3:15	0.5	6:16	7:41	
25	Sat	9:45	4.6	9:46	4.6	3:41	0.3	3:52	0.6	6:16	7:39	
26	Sun	10:22	4.5	10:21	4.4	4:13	0.4	4:28	0.7	6:17	7:38	
27	Mon	10:59	4.5	11:00	4.2	4:43	0.5	5:05	0.8	6:18	7:36	
28	Tue	11:40	4.5	11:46	4.1	5:14	0.7	5:46	1.0	6:19	7:35	
29	Wed			12:26	4.5	5:50	0.8	6:40	1.1	6:20	7:33	
30	Thu	12:39	4.0	1:16	4.6	6:39	0.9	7:49	1.1	6:21	7:31	
31	Fri	1:36	4.0	2:12	4.7	7:49	0.9	9:01	0.9	6:22	7:30	