

Seaside Heights, NJ - Oct 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:28	4.3	3:58	5.1	9:56	0.6	10:39	0.2	6:52	6:39	
2	Tue	4:35	4.7	5:03	5.3	10:58	0.3	11:32	-0.1	6:52	6:38	
3	Wed	5:36	5.1	6:01	5.5	11:54	-0.1			6:53	6:36	
4	Thu	6:31	5.5	6:54	5.7	12:24	-0.4	12:49	-0.3	6:54	6:34	
5	Fri	7:21	5.8	7:45	5.7	1:14	-0.6	1:44	-0.5	6:55	6:33	
6	Sat	8:10	5.9	8:34	5.6	2:03	-0.7	2:36	-0.5	6:56	6:31	
7	Sun	8:59	5.9	9:25	5.4	2:52	-0.6	3:27	-0.5	6:57	6:30	
8	Mon	9:48	5.7	10:17	5.1	3:38	-0.4	4:15	-0.2	6:58	6:28	
9	Tue	10:40	5.4	11:12	4.7	4:24	-0.1	5:04	0.1	6:59	6:27	
10	Wed	11:34	5.1			5:10	0.3	5:56	0.4	7:00	6:25	
11	Thu	12:09	4.4	12:29	4.8	5:59	0.7	6:54	0.7	7:02	6:23	
12	Fri	1:05	4.2	1:22	4.6	6:56	1.0	7:57	0.9	7:03	6:22	
13	Sat	1:59	4.1	2:15	4.4	8:00	1.2	8:58	0.9	7:04	6:20	
14	Sun	2:52	4.1	3:08	4.3	9:03	1.2	9:52	0.9	7:05	6:19	
15	Mon	3:47	4.1	4:03	4.3	10:00	1.1	10:39	0.7	7:06	6:17	
16	Tue	4:41	4.3	4:57	4.4	10:50	0.9	11:22	0.6	7:07	6:16	
17	Wed	5:31	4.5	5:45	4.5	11:35	0.7			7:08	6:14	
18	Thu	6:14	4.7	6:27	4.6	12:02	0.5	12:19	0.5	7:09	6:13	
19	Fri	6:53	4.9	7:06	4.7	12:41	0.3	1:02	0.4	7:10	6:11	
20	Sat	7:30	5.0	7:42	4.7	1:19	0.3	1:44	0.3	7:11	6:10	
21	Sun	8:04	5.1	8:17	4.6	1:58	0.3	2:26	0.2	7:12	6:09	
22	Mon	8:37	5.1	8:52	4.5	2:35	0.3	3:06	0.2	7:13	6:07	
23	Tue	9:10	5.1	9:29	4.4	3:11	0.4	3:46	0.2	7:14	6:06	
24	Wed	9:48	5.0	10:12	4.2	3:46	0.4	4:26	0.3	7:15	6:05	
25	Thu	10:32	4.9	11:04	4.1	4:23	0.5	5:09	0.4	7:16	6:03	
26	Fri	11:27	4.8			5:04	0.7	6:00	0.5	7:18	6:02	
27	Sat	12:05	4.1	12:29	4.8	5:58	0.8	7:03	0.6	7:19	6:01	
28	Sun	1:08	4.1	12:31	4.8	6:11	0.9	7:12	0.5	6:20	4:59	
29	Mon	1:10	4.3	1:34	4.8	7:31	0.8	8:17	0.3	6:21	4:58	
30	Tue	2:13	4.5	2:38	4.9	8:42	0.5	9:16	0.0	6:22	4:57	
31	Wed	3:17	4.8	3:42	5.0	9:44	0.2	10:09	-0.2	6:23	4:56	