

Seaside Heights, NJ - Nov 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	4:17	5.2	4:42	5.1	10:40	-0.1	10:59	-0.5	6:24	4:54	
2	Fri	5:12	5.5	5:35	5.3	11:34	-0.3	11:49	-0.6	6:25	4:53	
3	Sat	6:01	5.7	6:25	5.3			12:27	-0.5	6:26	4:52	
4	Sun	6:49	5.8	7:14	5.2	12:38	-0.6	1:18	-0.5	6:28	4:51	
5	Mon	7:35	5.7	8:03	5.0	1:26	-0.5	2:08	-0.5	6:29	4:50	
6	Tue	8:22	5.5	8:54	4.7	2:13	-0.3	2:55	-0.3	6:30	4:49	
7	Wed	9:10	5.2	9:46	4.4	2:57	0.0	3:41	-0.1	6:31	4:48	
8	Thu	10:01	4.9	10:41	4.2	3:41	0.3	4:27	0.2	6:32	4:47	
9	Fri	10:53	4.6	11:35	4.0	4:26	0.6	5:18	0.5	6:33	4:46	
10	Sat	11:46	4.3			5:17	1.0	6:14	0.7	6:35	4:45	
11	Sun	12:28	3.9	12:37	4.2	6:18	1.2	7:12	0.8	6:36	4:44	
12	Mon	1:18	3.9	1:27	4.0	7:22	1.2	8:07	0.8	6:37	4:43	
13	Tue	2:10	4.0	2:19	4.0	8:23	1.1	8:57	0.7	6:38	4:42	
14	Wed	3:02	4.1	3:13	4.0	9:16	0.9	9:41	0.5	6:39	4:41	
15	Thu	3:53	4.3	4:05	4.1	10:04	0.7	10:23	0.4	6:40	4:40	
16	Fri	4:39	4.5	4:52	4.2	10:50	0.5	11:03	0.3	6:41	4:39	
17	Sat	5:20	4.8	5:35	4.3	11:34	0.3	11:44	0.2	6:43	4:39	
18	Sun	5:58	5.0	6:14	4.3			12:18	0.1	6:44	4:38	
19	Mon	6:34	5.1	6:52	4.4	12:24	0.1	1:02	0.0	6:45	4:37	
20	Tue	7:10	5.2	7:31	4.3	1:05	0.1	1:46	-0.1	6:46	4:37	
21	Wed	7:48	5.2	8:13	4.2	1:46	0.1	2:29	-0.2	6:47	4:36	
22	Thu	8:30	5.1	9:00	4.2	2:28	0.1	3:12	-0.2	6:48	4:35	
23	Fri	9:18	5.0	9:55	4.1	3:10	0.2	3:57	-0.1	6:49	4:35	
24	Sat	10:14	4.9	10:56	4.1	3:57	0.3	4:47	0.0	6:50	4:34	
25	Sun	11:16	4.8	11:57	4.2	4:52	0.4	5:45	0.1	6:51	4:34	
26	Mon			12:17	4.7	6:02	0.6	6:49	0.1	6:53	4:33	
27	Tue	12:57	4.3	1:17	4.6	7:17	0.5	7:52	0.0	6:54	4:33	
28	Wed	1:56	4.5	2:18	4.5	8:27	0.4	8:51	-0.2	6:55	4:32	
29	Thu	2:57	4.7	3:21	4.5	9:30	0.1	9:46	-0.4	6:56	4:32	
30	Fri	3:58	5.0	4:22	4.6	10:26	-0.2	10:37	-0.5	6:57	4:32	