

Seaside Heights, NJ - Dec 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	4:53	5.2	5:17	4.7	11:19	-0.4	11:26	-0.5	6:58	4:31	
2	Sun	5:43	5.4	6:08	4.7			12:11	-0.5	6:59	4:31	
3	Mon	6:29	5.5	6:56	4.7	12:15	-0.5	1:01	-0.5	7:00	4:31	
4	Tue	7:14	5.4	7:43	4.5	1:02	-0.4	1:49	-0.5	7:01	4:31	
5	Wed	7:58	5.2	8:30	4.3	1:49	-0.3	2:34	-0.4	7:02	4:31	
6	Thu	8:43	4.9	9:19	4.1	2:32	-0.1	3:16	-0.2	7:03	4:31	
7	Fri	9:29	4.6	10:10	4.0	3:14	0.2	3:58	0.0	7:03	4:31	
8	Sat	10:16	4.4	11:01	3.8	3:56	0.4	4:41	0.2	7:04	4:31	
9	Sun	11:06	4.1	11:51	3.8	4:40	0.7	5:27	0.4	7:05	4:31	
10	Mon	11:54	3.9			5:32	0.9	6:19	0.6	7:06	4:31	
11	Tue	12:40	3.7	12:42	3.7	6:33	1.0	7:13	0.6	7:07	4:31	
12	Wed	1:27	3.8	1:30	3.6	7:37	1.0	8:06	0.6	7:08	4:31	
13	Thu	2:16	3.9	2:22	3.6	8:36	0.9	8:56	0.5	7:08	4:31	
14	Fri	3:07	4.0	3:18	3.6	9:29	0.6	9:42	0.3	7:09	4:31	
15	Sat	3:57	4.2	4:13	3.7	10:18	0.4	10:26	0.2	7:10	4:31	
16	Sun	4:44	4.5	5:02	3.8	11:05	0.1	11:09	0.0	7:11	4:32	
17	Mon	5:27	4.7	5:47	4.0	11:52	-0.1	11:54	-0.1	7:11	4:32	
18	Tue	6:07	5.0	6:30	4.1			12:39	-0.3	7:12	4:32	
19	Wed	6:48	5.1	7:13	4.2	12:40	-0.2	1:25	-0.5	7:12	4:33	
20	Thu	7:31	5.2	7:59	4.2	1:26	-0.3	2:11	-0.6	7:13	4:33	
21	Fri	8:17	5.2	8:49	4.2	2:13	-0.4	2:56	-0.7	7:14	4:34	
22	Sat	9:08	5.1	9:43	4.2	3:00	-0.3	3:42	-0.7	7:14	4:34	
23	Sun	10:03	4.9	10:42	4.2	3:50	-0.2	4:30	-0.6	7:15	4:35	
24	Mon	11:02	4.7	11:42	4.3	4:45	-0.1	5:24	-0.4	7:15	4:35	
25	Tue			12:01	4.5	5:49	0.1	6:24	-0.3	7:15	4:36	
26	Wed	12:39	4.4	12:59	4.3	7:00	0.2	7:26	-0.3	7:16	4:36	
27	Thu	1:37	4.4	1:58	4.1	8:10	0.1	8:27	-0.3	7:16	4:37	
28	Fri	2:36	4.5	3:00	4.1	9:13	0.0	9:23	-0.4	7:16	4:38	
29	Sat	3:37	4.7	4:03	4.0	10:11	-0.2	10:16	-0.4	7:17	4:38	
30	Sun	4:34	4.8	5:00	4.1	11:04	-0.4	11:06	-0.5	7:17	4:39	
31	Mon	5:25	4.9	5:51	4.2	11:54	-0.5	11:54	-0.4	7:17	4:40	