

Seaside Heights, NJ - Mar 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	6:54	4.4	7:19	4.2	12:44	-0.2	1:18	-0.3	6:28	5:48	
2	Sun	7:31	4.4	7:56	4.2	1:25	-0.2	1:54	-0.3	6:27	5:49	
3	Mon	8:06	4.3	8:32	4.2	2:04	-0.2	2:29	-0.3	6:25	5:50	
4	Tue	8:41	4.1	9:07	4.1	2:41	-0.2	3:01	-0.2	6:24	5:51	
5	Wed	9:15	3.9	9:42	4.0	3:17	0.0	3:31	0.0	6:22	5:52	
6	Thu	9:51	3.7	10:19	3.9	3:51	0.1	4:00	0.2	6:21	5:53	
7	Fri	10:31	3.6	11:00	3.9	4:28	0.3	4:31	0.3	6:19	5:54	
8	Sat	11:18	3.4	11:47	3.9	5:12	0.5	5:10	0.5	6:17	5:55	
9	Sun			12:11	3.4	6:13	0.6	6:10	0.6	6:16	5:56	
10	Mon	12:41	4.0	1:10	3.4	7:27	0.6	7:30	0.6	6:14	5:57	
11	Tue	1:41	4.1	2:15	3.5	8:36	0.4	8:44	0.4	6:13	5:58	
12	Wed	2:49	4.2	3:25	3.7	9:37	0.1	9:48	0.1	6:11	5:59	
13	Thu	3:57	4.5	4:30	4.1	10:32	-0.3	10:46	-0.3	6:10	6:01	
14	Fri	4:57	4.9	5:25	4.5	11:24	-0.6	11:41	-0.6	6:08	6:02	
15	Sat	5:51	5.2	6:16	4.9			12:15	-0.9	6:06	6:03	
16	Sun	6:41	5.4	7:06	5.2	12:36	-0.9	1:04	-1.1	6:05	6:04	
17	Mon	7:31	5.4	7:55	5.4	1:29	-1.1	1:53	-1.2	6:03	6:05	
18	Tue	8:22	5.2	8:46	5.3	2:21	-1.1	2:40	-1.2	6:01	6:06	
19	Wed	9:14	5.0	9:39	5.2	3:11	-1.0	3:26	-1.0	6:00	6:07	
20	Thu	10:09	4.7	10:34	4.9	4:01	-0.7	4:13	-0.6	5:58	6:08	
21	Fri	11:06	4.4	11:30	4.7	4:54	-0.4	5:05	-0.2	5:57	6:09	
22	Sat			12:03	4.1	5:54	0.0	6:03	0.2	5:55	6:10	
23	Sun	12:26	4.4	1:00	3.9	7:00	0.3	7:08	0.5	5:53	6:11	
24	Mon	1:22	4.2	1:58	3.7	8:06	0.4	8:14	0.6	5:52	6:12	
25	Tue	2:20	4.0	2:58	3.7	9:06	0.4	9:13	0.6	5:50	6:13	
26	Wed	3:20	4.0	3:56	3.8	9:57	0.3	10:05	0.4	5:49	6:14	
27	Thu	4:18	4.1	4:48	4.0	10:43	0.2	10:52	0.3	5:47	6:15	
28	Fri	5:06	4.2	5:33	4.2	11:24	0.1	11:36	0.1	5:45	6:16	
29	Sat	5:49	4.3	6:13	4.4			12:04	0.0	5:44	6:17	
30	Sun	6:27	4.4	6:50	4.6	12:19	0.0	12:43	-0.1	5:42	6:18	
31	Mon	7:04	4.4	7:25	4.6	1:01	-0.1	1:21	-0.1	5:40	6:19	