

Seaside Heights, NJ - Jul 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	10:20	4.5	10:34	5.2	4:22	-0.3	4:26	0.3	5:31	8:28	
2	Wed	11:15	4.5	11:30	5.1	5:06	-0.2	5:17	0.4	5:31	8:28	
3	Thu			12:12	4.7	5:54	-0.1	6:15	0.5	5:32	8:28	
4	Fri	12:28	4.9	1:08	4.8	6:49	0.0	7:22	0.6	5:32	8:28	
5	Sat	1:25	4.8	2:03	4.9	7:48	0.0	8:32	0.6	5:33	8:27	
6	Sun	2:22	4.6	3:00	5.0	8:49	0.1	9:39	0.5	5:34	8:27	
7	Mon	3:23	4.5	4:00	5.1	9:47	0.0	10:40	0.3	5:34	8:27	
8	Tue	4:26	4.4	5:00	5.3	10:43	0.0	11:36	0.1	5:35	8:27	
9	Wed	5:29	4.4	5:56	5.4	11:36	0.0			5:35	8:26	
10	Thu	6:25	4.5	6:47	5.5	12:29	0.0	12:28	0.0	5:36	8:26	
11	Fri	7:16	4.6	7:34	5.5	1:20	-0.1	1:19	0.1	5:37	8:25	
12	Sat	8:05	4.6	8:19	5.4	2:10	-0.2	2:08	0.1	5:38	8:25	
13	Sun	8:52	4.6	9:03	5.2	2:56	-0.2	2:55	0.2	5:38	8:24	
14	Mon	9:39	4.5	9:47	5.0	3:38	-0.1	3:38	0.4	5:39	8:24	
15	Tue	10:26	4.4	10:31	4.7	4:18	0.0	4:20	0.5	5:40	8:23	
16	Wed	11:14	4.3	11:16	4.5	4:56	0.2	5:01	0.7	5:41	8:23	
17	Thu			12:01	4.3	5:34	0.4	5:44	1.0	5:41	8:22	
18	Fri	12:02	4.3	12:47	4.3	6:14	0.6	6:34	1.1	5:42	8:21	
19	Sat	12:47	4.1	1:31	4.3	6:59	0.8	7:31	1.2	5:43	8:21	
20	Sun	1:32	3.9	2:14	4.3	7:49	0.9	8:33	1.2	5:44	8:20	
21	Mon	2:19	3.8	3:00	4.3	8:43	0.9	9:32	1.1	5:45	8:19	
22	Tue	3:10	3.7	3:50	4.5	9:36	0.9	10:27	0.9	5:46	8:19	
23	Wed	4:09	3.7	4:44	4.6	10:27	0.8	11:18	0.7	5:46	8:18	
24	Thu	5:08	3.9	5:35	4.9	11:17	0.6			5:47	8:17	
25	Fri	6:02	4.0	6:23	5.2	12:06	0.4	12:05	0.5	5:48	8:16	
26	Sat	6:50	4.3	7:08	5.4	12:55	0.2	12:55	0.3	5:49	8:15	
27	Sun	7:36	4.5	7:53	5.6	1:43	-0.1	1:45	0.1	5:50	8:14	
28	Mon	8:22	4.7	8:39	5.6	2:30	-0.3	2:36	0.0	5:51	8:13	
29	Tue	9:10	4.8	9:28	5.6	3:16	-0.4	3:25	-0.1	5:52	8:12	
30	Wed	10:01	4.9	10:20	5.4	4:01	-0.5	4:15	0.0	5:53	8:11	
31	Thu	10:56	5.0	11:15	5.2	4:46	-0.5	5:06	0.1	5:54	8:10	