

Seaside Heights, NJ - Mar 1981

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	2:42	3.8	3:15	3.2	9:28	0.4	9:33	0.5	6:29	5:47	
2	Mon	3:44	4.0	4:16	3.5	10:20	0.1	10:26	0.2	6:27	5:49	
3	Tue	4:40	4.3	5:09	3.8	11:09	-0.2	11:17	-0.1	6:26	5:50	
4	Wed	5:30	4.7	5:55	4.2	11:56	-0.5			6:24	5:51	
5	Thu	6:15	4.9	6:39	4.5	12:07	-0.4	12:42	-0.7	6:22	5:52	
6	Fri	7:01	5.1	7:24	4.8	12:57	-0.7	1:28	-0.9	6:21	5:53	
7	Sat	7:47	5.1	8:10	4.9	1:46	-0.9	2:12	-1.0	6:19	5:54	
8	Sun	8:35	5.0	8:59	5.0	2:35	-0.9	2:56	-1.0	6:18	5:55	
9	Mon	9:26	4.8	9:52	4.9	3:23	-0.8	3:40	-0.9	6:16	5:56	
10	Tue	10:22	4.5	10:48	4.8	4:14	-0.6	4:28	-0.6	6:15	5:57	
11	Wed	11:20	4.3	11:47	4.6	5:10	-0.3	5:21	-0.3	6:13	5:58	
12	Thu			12:20	4.0	6:16	0.0	6:25	0.0	6:12	5:59	
13	Fri	12:46	4.5	1:20	3.8	7:27	0.1	7:35	0.2	6:10	6:00	
14	Sat	1:46	4.3	2:23	3.8	8:35	0.1	8:42	0.2	6:08	6:01	
15	Sun	2:51	4.2	3:29	3.8	9:36	0.0	9:43	0.2	6:07	6:02	
16	Mon	3:56	4.3	4:30	4.0	10:29	-0.1	10:37	0.0	6:05	6:03	
17	Tue	4:53	4.4	5:22	4.2	11:17	-0.2	11:26	-0.1	6:03	6:04	
18	Wed	5:41	4.5	6:07	4.4			12:02	-0.3	6:02	6:05	
19	Thu	6:23	4.6	6:47	4.5	12:12	-0.2	12:44	-0.3	6:00	6:07	
20	Fri	7:03	4.5	7:26	4.6	12:56	-0.2	1:23	-0.3	5:59	6:08	
21	Sat	7:40	4.5	8:03	4.6	1:38	-0.3	2:00	-0.3	5:57	6:09	
22	Sun	8:18	4.3	8:40	4.5	2:17	-0.2	2:34	-0.1	5:55	6:10	
23	Mon	8:55	4.1	9:17	4.3	2:54	-0.1	3:06	0.0	5:54	6:11	
24	Tue	9:33	3.9	9:54	4.2	3:30	0.1	3:37	0.2	5:52	6:12	
25	Wed	10:13	3.7	10:33	4.1	4:06	0.3	4:07	0.5	5:51	6:13	
26	Thu	10:58	3.5	11:16	4.0	4:45	0.5	4:40	0.7	5:49	6:14	
27	Fri	11:46	3.4			5:33	0.7	5:24	0.9	5:47	6:15	
28	Sat	12:04	3.9	12:37	3.3	6:37	0.8	6:33	1.0	5:46	6:16	
29	Sun	12:56	3.9	1:33	3.4	7:46	0.7	7:52	0.9	5:44	6:17	
30	Mon	1:55	4.0	2:35	3.5	8:49	0.6	9:00	0.7	5:42	6:18	
31	Tue	3:00	4.2	3:39	3.8	9:44	0.3	9:58	0.4	5:41	6:19	