
































## Seaside Heights, NJ - Jun 1983

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed			12:24	3.7	5:57	0.7	5:56	1.3	5:29	8:18	
2	Thu	12:26	4.2	1:12	3.7	6:45	0.8	6:52	1.4	5:29	8:18	
3	Fri	1:13	4.1	1:57	3.8	7:38	0.8	8:00	1.4	5:28	8:19	
4	Sat	2:00	4.0	2:43	4.0	8:33	0.8	9:05	1.3	5:28	8:20	
5	Sun	2:50	4.0	3:31	4.2	9:24	0.7	10:03	1.1	5:28	8:20	
6	Mon	3:45	4.0	4:22	4.4	10:12	0.6	10:55	0.8	5:27	8:21	
7	Tue	4:43	4.0	5:12	4.8	10:58	0.4	11:45	0.5	5:27	8:22	
8	Wed	5:38	4.2	5:59	5.1	11:43	0.2			5:27	8:22	
9	Thu	6:29	4.3	6:45	5.4	12:35	0.2	12:30	0.1	5:27	8:23	
10	Fri	7:17	4.5	7:31	5.7	1:26	-0.1	1:19	0.0	5:26	8:23	
11	Sat	8:06	4.5	8:18	5.7	2:18	-0.3	2:11	-0.1	5:26	8:24	
12	Sun	8:58	4.6	9:09	5.7	3:08	-0.4	3:03	-0.1	5:26	8:24	
13	Mon	9:53	4.6	10:04	5.6	3:58	-0.4	3:55	0.0	5:26	8:25	
14	Tue	10:53	4.5	11:04	5.4	4:47	-0.4	4:47	0.1	5:26	8:25	
15	Wed	11:54	4.6			5:39	-0.2	5:45	0.3	5:26	8:26	
16	Thu	12:05	5.1	12:53	4.7	6:36	-0.1	6:49	0.5	5:26	8:26	
17	Fri	1:03	4.9	1:49	4.7	7:35	0.0	7:58	0.6	5:26	8:26	
18	Sat	2:00	4.7	2:44	4.8	8:35	0.1	9:05	0.6	5:26	8:27	
19	Sun	2:56	4.5	3:39	4.9	9:31	0.1	10:06	0.5	5:27	8:27	
20	Mon	3:54	4.3	4:35	5.0	10:22	0.2	11:01	0.4	5:27	8:27	
21	Tue	4:53	4.2	5:28	5.1	11:10	0.2	11:52	0.3	5:27	8:28	
22	Wed	5:48	4.2	6:15	5.2	11:55	0.3			5:27	8:28	
23	Thu	6:38	4.2	6:59	5.2	12:40	0.2	12:40	0.4	5:27	8:28	
24	Fri	7:23	4.2	7:40	5.2	1:26	0.2	1:24	0.4	5:28	8:28	
25	Sat	8:06	4.1	8:19	5.1	2:11	0.2	2:07	0.5	5:28	8:28	
26	Sun	8:49	4.1	8:59	5.0	2:53	0.2	2:50	0.6	5:28	8:28	
27	Mon	9:32	4.0	9:39	4.8	3:33	0.2	3:30	0.7	5:29	8:28	
28	Tue	10:16	3.9	10:20	4.6	4:11	0.3	4:08	0.9	5:29	8:28	
29	Wed	11:01	3.9	11:02	4.4	4:48	0.4	4:46	1.0	5:30	8:28	
30	Thu	11:47	3.9	11:46	4.3	5:24	0.5	5:26	1.2	5:30	8:28	