



















Seaside Heights, NJ - Jul 1986

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	3:31	3.9	4:04	4.5	9:47	0.7	10:42	0.9	5:31	8:28	
2	Wed	4:26	3.8	4:54	4.6	10:32	0.7	11:29	0.8	5:31	8:28	
3	Thu	5:21	3.7	5:42	4.7	11:16	0.7			5:32	8:28	
4	Fri	6:11	3.8	6:25	4.8	12:15	0.6	11:59 AM	0.7	5:32	8:28	
5	Sat	6:56	3.9	7:06	4.9	12:59	0.5	12:43	0.7	5:33	8:28	
6	Sun	7:39	3.9	7:43	4.9	1:44	0.4	1:28	0.7	5:33	8:27	
7	Mon	8:20	4.0	8:20	4.9	2:27	0.3	2:12	0.7	5:34	8:27	
8	Tue	9:01	4.0	8:56	4.9	3:07	0.3	2:54	0.7	5:35	8:27	
9	Wed	9:41	4.0	9:32	4.8	3:45	0.3	3:34	0.7	5:35	8:26	
10	Thu	10:22	4.0	10:11	4.7	4:21	0.3	4:13	0.8	5:36	8:26	
11	Fri	11:05	4.1	10:54	4.6	4:55	0.3	4:53	0.8	5:37	8:26	
12	Sat	11:51	4.2	11:44	4.5	5:31	0.4	5:38	0.9	5:37	8:25	
13	Sun			12:39	4.4	6:10	0.4	6:35	0.9	5:38	8:25	
14	Mon	12:37	4.4	1:28	4.6	6:59	0.4	7:44	0.9	5:39	8:24	
15	Tue	1:33	4.2	2:20	4.9	7:57	0.5	8:57	0.8	5:39	8:24	
16	Wed	2:32	4.1	3:18	5.0	9:00	0.4	10:04	0.6	5:40	8:23	
17	Thu	3:38	4.0	4:22	5.2	10:03	0.3	11:06	0.3	5:41	8:22	
18	Fri	4:50	4.1	5:26	5.5	11:04	0.2			5:42	8:22	
19	Sat	5:56	4.2	6:25	5.7	12:04	0.1	12:03	0.1	5:43	8:21	
20	Sun	6:56	4.5	7:20	5.8	1:00	-0.1	1:02	0.0	5:43	8:20	
21	Mon	7:51	4.6	8:12	5.8	1:55	-0.3	1:59	-0.1	5:44	8:20	
22	Tue	8:44	4.7	9:03	5.6	2:47	-0.4	2:54	0.0	5:45	8:19	
23	Wed	9:38	4.8	9:54	5.4	3:36	-0.5	3:45	0.1	5:46	8:18	
24	Thu	10:30	4.7	10:45	5.1	4:21	-0.4	4:34	0.2	5:47	8:17	
25	Fri	11:23	4.7	11:36	4.8	5:04	-0.2	5:22	0.5	5:48	8:16	
26	Sat			12:13	4.6	5:47	0.1	6:14	0.8	5:49	8:16	
27	Sun	12:26	4.5	1:01	4.6	6:31	0.4	7:11	1.0	5:50	8:15	
28	Mon	1:15	4.2	1:47	4.5	7:19	0.7	8:12	1.1	5:50	8:14	
29	Tue	2:03	3.9	2:32	4.4	8:09	0.9	9:13	1.2	5:51	8:13	
30	Wed	2:53	3.7	3:20	4.4	9:02	1.0	10:08	1.1	5:52	8:12	
31	Thu	3:48	3.6	4:14	4.4	9:54	1.0	10:59	1.0	5:53	8:11	