

































Seaside Heights, NJ - Jan 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	1:36	3.7	1:42	3.2	8:04	0.9	8:04	0.6	7:17	4:41	
2	Mon	2:24	3.8	2:36	3.1	8:58	0.7	8:58	0.5	7:17	4:42	
3	Tue	3:18	4.0	3:36	3.1	9:52	0.5	9:46	0.4	7:18	4:43	
4	Wed	4:12	4.2	4:36	3.3	10:46	0.2	10:40	0.2	7:18	4:44	
5	Thu	5:00	4.5	5:24	3.5	11:34	-0.1	11:28	0.0	7:18	4:45	
6	Fri	5:48	4.7	6:12	3.7			12:22	-0.3	7:17	4:46	
7	Sat	6:30	5.0	7:00	3.9	12:16	-0.2	1:10	-0.5	7:17	4:47	
8	Sun	7:12	5.1	7:42	4.0	1:04	-0.3	1:52	-0.7	7:17	4:48	
9	Mon	8:00	5.1	8:30	4.1	1:52	-0.5	2:40	-0.8	7:17	4:49	
10	Tue	8:48	5.0	9:24	4.2	2:46	-0.5	3:22	-0.9	7:17	4:50	
11	Wed	9:42	4.8	10:18	4.3	3:34	-0.5	4:04	-0.8	7:17	4:51	
12	Thu	10:36	4.5	11:12	4.4	4:22	-0.3	4:52	-0.7	7:16	4:52	
13	Fri	11:30	4.2			5:22	-0.1	5:46	-0.5	7:16	4:53	
14	Sat	12:12	4.4	12:30	3.9	6:28	0.1	6:46	-0.3	7:16	4:54	
15	Sun	1:06	4.4	1:30	3.7	7:40	0.2	7:46	-0.1	7:15	4:55	
16	Mon	2:06	4.3	2:30	3.5	8:52	0.2	8:52	-0.1	7:15	4:56	
17	Tue	3:06	4.3	3:36	3.4	9:52	0.0	9:46	-0.1	7:14	4:57	
18	Wed	4:12	4.4	4:42	3.5	10:46	-0.1	10:40	-0.1	7:14	4:58	
19	Thu	5:06	4.5	5:36	3.7	11:40	-0.2	11:34	-0.1	7:13	5:00	
20	Fri	5:54	4.5	6:24	3.8			12:28	-0.3	7:13	5:01	
21	Sat	6:42	4.6	7:06	3.9	12:22	-0.2	1:10	-0.4	7:12	5:02	
22	Sun	7:18	4.5	7:48	3.9	1:10	-0.2	1:52	-0.4	7:12	5:03	
23	Mon	8:00	4.4	8:30	3.9	1:52	-0.2	2:34	-0.4	7:11	5:04	
24	Tue	8:36	4.2	9:12	3.9	2:34	-0.1	3:04	-0.3	7:10	5:05	
25	Wed	9:18	4.0	9:54	3.8	3:10	0.0	3:40	-0.2	7:10	5:07	
26	Thu	9:54	3.8	10:36	3.7	3:46	0.2	4:10	0.0	7:09	5:08	
27	Fri	10:36	3.5	11:18	3.7	4:22	0.4	4:40	0.1	7:08	5:09	
28	Sat	11:18	3.3			5:10	0.6	5:16	0.3	7:07	5:10	
29	Sun	12:00	3.7	12:00	3.1	5:58	0.7	5:58	0.5	7:06	5:11	
30	Mon	12:42	3.7	12:48	3.0	7:10	0.8	6:58	0.6	7:06	5:13	
31	Tue	1:30	3.7	1:48	2.9	8:16	0.7	8:10	0.6	7:05	5:14	