



## Seaside Heights, NJ - Nov 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	8:17	4.8	8:44	3.8	2:13	0.7	2:58	0.5	6:25	4:54	☀
2	Thu	8:51	4.7	9:25	3.7	2:46	0.8	3:36	0.6	6:26	4:52	☀
3	Fri	9:32	4.5	10:15	3.6	3:19	0.9	4:16	0.7	6:27	4:51	☀
4	Sat	10:24	4.4	11:13	3.6	3:57	1.1	5:04	0.8	6:28	4:50	☀
5	Sun	11:24	4.4			4:46	1.2	6:04	0.8	6:29	4:49	☀
6	Mon	12:11	3.7	12:25	4.4	5:59	1.2	7:09	0.7	6:31	4:48	☀
7	Tue	1:08	3.9	1:24	4.5	7:23	1.1	8:09	0.5	6:32	4:47	☀
8	Wed	2:06	4.2	2:26	4.5	8:35	0.8	9:03	0.2	6:33	4:46	☀
9	Thu	3:06	4.6	3:29	4.6	9:37	0.4	9:54	-0.1	6:34	4:45	☀
10	Fri	4:04	5.1	4:29	4.7	10:33	0.0	10:43	-0.3	6:35	4:44	☀
11	Sat	4:58	5.5	5:24	4.9	11:27	-0.3	11:33	-0.5	6:36	4:43	☀
12	Sun	5:49	5.8	6:16	4.9			12:22	-0.5	6:37	4:42	☀
13	Mon	6:38	5.9	7:07	4.9	12:23	-0.5	1:16	-0.6	6:39	4:41	☀
14	Tue	7:27	5.9	8:00	4.7	1:15	-0.5	2:08	-0.5	6:40	4:41	☀
15	Wed	8:19	5.6	8:55	4.5	2:07	-0.3	2:59	-0.4	6:41	4:40	☀
16	Thu	9:13	5.3	9:54	4.3	2:57	-0.1	3:49	-0.2	6:42	4:39	☀
17	Fri	10:11	5.0	10:55	4.1	3:47	0.2	4:42	0.1	6:43	4:38	☀
18	Sat	11:10	4.6	11:54	4.0	4:41	0.6	5:39	0.3	6:44	4:37	☀
19	Sun			12:06	4.4	5:42	0.9	6:39	0.5	6:45	4:37	☀
20	Mon	12:49	4.0	12:59	4.1	6:50	1.0	7:37	0.6	6:47	4:36	☀
21	Tue	1:41	4.0	1:51	4.0	7:55	1.0	8:29	0.6	6:48	4:36	☀
22	Wed	2:32	4.1	2:44	3.8	8:53	0.9	9:14	0.5	6:49	4:35	☀
23	Thu	3:23	4.3	3:37	3.8	9:43	0.8	9:55	0.5	6:50	4:34	☀
24	Fri	4:11	4.4	4:28	3.8	10:29	0.6	10:34	0.4	6:51	4:34	☀
25	Sat	4:55	4.6	5:13	3.8	11:12	0.4	11:13	0.4	6:52	4:33	☀
26	Sun	5:34	4.8	5:54	3.9	11:55	0.3	11:52	0.4	6:53	4:33	☀
27	Mon	6:12	4.8	6:33	3.9			12:38	0.2	6:54	4:33	☀
28	Tue	6:47	4.9	7:11	3.8	12:32	0.4	1:20	0.1	6:55	4:32	☀
29	Wed	7:21	4.8	7:48	3.7	1:13	0.4	2:02	0.1	6:56	4:32	☀
30	Thu	7:56	4.7	8:27	3.7	1:52	0.5	2:41	0.1	6:57	4:32	☀