






























## Seaside Heights, NJ - Feb 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	11:18	3.9	11:51	4.4	5:11	-0.1	5:22	-0.4	7:04	5:15	
2	Fri			12:17	3.7	6:19	0.1	6:23	-0.1	7:03	5:16	
3	Sat	12:49	4.3	1:19	3.5	7:34	0.2	7:34	0.0	7:02	5:17	
4	Sun	1:51	4.3	2:26	3.4	8:46	0.1	8:44	0.0	7:01	5:18	
5	Mon	2:59	4.3	3:37	3.5	9:50	0.0	9:48	-0.1	7:00	5:19	
6	Tue	4:08	4.4	4:43	3.7	10:47	-0.3	10:46	-0.3	6:59	5:21	
7	Wed	5:08	4.6	5:39	3.9	11:39	-0.5	11:40	-0.4	6:58	5:22	
8	Thu	5:59	4.7	6:27	4.2			12:28	-0.6	6:57	5:23	
9	Fri	6:44	4.7	7:12	4.3	12:31	-0.5	1:14	-0.7	6:56	5:24	
10	Sat	7:27	4.7	7:55	4.3	1:19	-0.5	1:55	-0.7	6:54	5:25	
11	Sun	8:08	4.5	8:37	4.3	2:03	-0.5	2:33	-0.7	6:53	5:27	
12	Mon	8:48	4.3	9:18	4.2	2:44	-0.4	3:08	-0.5	6:52	5:28	
13	Tue	9:28	4.0	9:59	4.1	3:22	-0.2	3:41	-0.3	6:51	5:29	
14	Wed	10:09	3.7	10:41	4.0	4:00	0.0	4:12	0.0	6:50	5:30	
15	Thu	10:52	3.5	11:24	3.8	4:40	0.3	4:45	0.3	6:48	5:31	
16	Fri	11:38	3.2			5:26	0.5	5:24	0.5	6:47	5:32	
17	Sat	12:08	3.7	12:26	3.0	6:25	0.7	6:17	0.7	6:46	5:34	
18	Sun	12:56	3.6	1:19	2.9	7:33	0.8	7:28	0.8	6:44	5:35	
19	Mon	1:48	3.6	2:19	2.9	8:39	0.7	8:36	0.8	6:43	5:36	
20	Tue	2:49	3.7	3:25	3.0	9:36	0.5	9:36	0.6	6:42	5:37	
21	Wed	3:52	3.9	4:25	3.2	10:27	0.2	10:28	0.3	6:40	5:38	
22	Thu	4:46	4.2	5:15	3.6	11:14	-0.1	11:18	0.0	6:39	5:39	
23	Fri	5:33	4.5	5:58	3.9	11:58	-0.3			6:38	5:41	
24	Sat	6:16	4.7	6:40	4.3	12:07	-0.3	12:42	-0.6	6:36	5:42	
25	Sun	6:58	4.8	7:21	4.6	12:55	-0.5	1:24	-0.8	6:35	5:43	
26	Mon	7:41	4.8	8:03	4.8	1:43	-0.7	2:06	-0.9	6:33	5:44	
27	Tue	8:26	4.7	8:49	4.9	2:29	-0.8	2:46	-0.9	6:32	5:45	
28	Wed	9:14	4.5	9:39	4.8	3:16	-0.7	3:27	-0.8	6:30	5:46	