
































## Seaside Heights, NJ - Apr 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun			12:59	3.9	6:52	0.1	6:54	0.4	6:40	7:20	
2	Mon	1:20	4.5	2:01	3.8	8:02	0.3	8:08	0.6	6:38	7:21	
3	Tue	2:22	4.3	3:03	3.8	9:11	0.3	9:20	0.6	6:36	7:22	
4	Wed	3:25	4.2	4:07	3.9	10:11	0.2	10:23	0.5	6:35	7:23	
5	Thu	4:29	4.2	5:07	4.2	11:03	0.1	11:17	0.3	6:33	7:24	
6	Fri	5:27	4.2	5:57	4.4	11:48	0.0			6:32	7:25	
7	Sat	6:15	4.3	6:40	4.6	12:05	0.2	12:29	0.0	6:30	7:26	
8	Sun	6:57	4.3	7:19	4.8	12:50	0.0	1:08	0.0	6:28	7:27	
9	Mon	7:36	4.3	7:55	4.9	1:33	0.0	1:46	0.0	6:27	7:28	
10	Tue	8:13	4.3	8:30	4.9	2:15	-0.1	2:23	0.1	6:25	7:29	
11	Wed	8:49	4.1	9:05	4.8	2:54	-0.1	2:57	0.2	6:24	7:30	
12	Thu	9:26	4.0	9:39	4.6	3:32	0.0	3:31	0.3	6:22	7:31	
13	Fri	10:04	3.8	10:13	4.4	4:08	0.2	4:02	0.5	6:21	7:32	
14	Sat	10:44	3.6	10:51	4.3	4:44	0.3	4:33	0.7	6:19	7:33	
15	Sun	11:30	3.4	11:35	4.1	5:21	0.5	5:06	0.9	6:18	7:34	
16	Mon			12:21	3.4	6:05	0.7	5:48	1.1	6:16	7:35	
17	Tue	12:27	4.0	1:13	3.4	7:02	0.8	6:50	1.2	6:15	7:36	
18	Wed	1:23	4.0	2:07	3.5	8:09	0.8	8:15	1.2	6:13	7:37	
19	Thu	2:20	4.1	3:03	3.7	9:11	0.7	9:29	0.9	6:12	7:38	
20	Fri	3:22	4.1	4:03	4.1	10:06	0.4	10:31	0.6	6:10	7:39	
21	Sat	4:26	4.3	5:02	4.5	10:56	0.1	11:27	0.2	6:09	7:40	
22	Sun	5:26	4.5	5:54	5.0	11:44	-0.2			6:08	7:41	
23	Mon	6:20	4.7	6:43	5.4	12:20	-0.2	12:31	-0.4	6:06	7:42	
24	Tue	7:10	4.8	7:30	5.7	1:14	-0.4	1:20	-0.5	6:05	7:43	
25	Wed	8:00	4.9	8:19	5.8	2:07	-0.6	2:10	-0.6	6:03	7:44	
26	Thu	8:52	4.8	9:09	5.7	2:59	-0.7	3:01	-0.5	6:02	7:45	
27	Fri	9:46	4.6	10:03	5.5	3:51	-0.6	3:51	-0.3	6:01	7:46	
28	Sat	10:45	4.5	11:02	5.2	4:42	-0.5	4:42	-0.1	5:59	7:47	
29	Sun	11:47	4.3			5:35	-0.2	5:37	0.3	5:58	7:48	
30	Mon	12:03	4.9	12:48	4.2	6:35	0.1	6:40	0.6	5:57	7:49	