

































Seaside Heights, NJ - May 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	1:03	4.6	1:47	4.2	7:39	0.3	7:50	0.8	5:56	7:50	
2	Wed	2:01	4.4	2:43	4.2	8:42	0.4	8:59	0.8	5:54	7:51	
3	Thu	2:57	4.2	3:40	4.3	9:39	0.4	10:00	0.8	5:53	7:52	
4	Fri	3:55	4.1	4:35	4.4	10:28	0.4	10:53	0.6	5:52	7:53	
5	Sat	4:51	4.1	5:25	4.6	11:11	0.3	11:40	0.5	5:51	7:54	
6	Sun	5:42	4.1	6:08	4.8	11:51	0.3			5:50	7:55	
7	Mon	6:27	4.1	6:48	4.9	12:24	0.3	12:30	0.3	5:48	7:56	
8	Tue	7:07	4.1	7:25	5.0	1:07	0.2	1:09	0.4	5:47	7:57	
9	Wed	7:46	4.1	8:00	5.0	1:49	0.2	1:48	0.4	5:46	7:58	
10	Thu	8:24	4.0	8:35	4.9	2:30	0.2	2:26	0.5	5:45	7:59	
11	Fri	9:02	3.9	9:09	4.8	3:10	0.2	3:03	0.6	5:44	8:00	
12	Sat	9:41	3.8	9:44	4.6	3:48	0.3	3:39	0.8	5:43	8:01	
13	Sun	10:22	3.7	10:21	4.5	4:25	0.4	4:13	0.9	5:42	8:02	
14	Mon	11:07	3.6	11:05	4.4	5:02	0.5	4:48	1.0	5:41	8:03	
15	Tue	11:56	3.6	11:57	4.3	5:42	0.6	5:30	1.1	5:40	8:04	
16	Wed			12:47	3.7	6:29	0.7	6:26	1.2	5:39	8:05	
17	Thu	12:51	4.3	1:37	3.9	7:26	0.7	7:42	1.2	5:39	8:05	
18	Fri	1:47	4.3	2:29	4.2	8:25	0.6	8:58	1.0	5:38	8:06	
19	Sat	2:45	4.3	3:26	4.5	9:22	0.4	10:04	0.7	5:37	8:07	
20	Sun	3:48	4.3	4:25	4.9	10:16	0.2	11:03	0.3	5:36	8:08	
21	Mon	4:53	4.4	5:23	5.3	11:08	-0.1	11:59	0.0	5:35	8:09	
22	Tue	5:53	4.5	6:18	5.7			12:00	-0.2	5:35	8:10	
23	Wed	6:49	4.7	7:10	5.9	12:55	-0.3	12:53	-0.3	5:34	8:11	
24	Thu	7:43	4.7	8:01	5.9	1:51	-0.5	1:48	-0.3	5:33	8:12	
25	Fri	8:37	4.7	8:54	5.8	2:45	-0.6	2:43	-0.3	5:33	8:13	
26	Sat	9:33	4.7	9:48	5.6	3:37	-0.6	3:36	-0.1	5:32	8:13	
27	Sun	10:32	4.6	10:46	5.3	4:28	-0.4	4:28	0.1	5:31	8:14	
28	Mon	11:32	4.5	11:44	5.0	5:18	-0.2	5:22	0.4	5:31	8:15	
29	Tue			12:30	4.5	6:12	0.0	6:20	0.7	5:30	8:16	
30	Wed	12:40	4.7	1:24	4.4	7:08	0.2	7:23	0.9	5:30	8:16	
31	Thu	1:33	4.4	2:15	4.4	8:04	0.4	8:28	1.0	5:29	8:17	