

































## Seaside Heights, NJ - Oct 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	5:20	4.3	5:38	4.8	11:31	0.7	11:59	0.3	6:52	6:39	
2	Tue	6:06	4.8	6:24	5.0			12:20	0.4	6:53	6:37	
3	Wed	6:48	5.2	7:08	5.2	12:41	0.0	1:08	0.1	6:54	6:36	
4	Thu	7:29	5.5	7:52	5.2	1:24	-0.1	1:58	-0.1	6:55	6:34	
5	Fri	8:12	5.7	8:37	5.1	2:08	-0.2	2:47	-0.2	6:56	6:32	
6	Sat	8:57	5.8	9:27	4.9	2:53	-0.3	3:36	-0.2	6:57	6:31	
7	Sun	9:47	5.7	10:21	4.7	3:38	-0.2	4:26	0.0	6:58	6:29	
8	Mon	10:43	5.5	11:23	4.4	4:26	0.0	5:19	0.2	6:59	6:28	
9	Tue	11:45	5.2			5:17	0.3	6:20	0.5	7:00	6:26	
10	Wed	12:28	4.3	12:50	5.0	6:19	0.6	7:30	0.6	7:01	6:24	
11	Thu	1:32	4.2	1:53	4.8	7:32	0.8	8:40	0.6	7:02	6:23	
12	Fri	2:34	4.3	2:55	4.7	8:47	0.9	9:43	0.5	7:03	6:21	
13	Sat	3:37	4.4	3:57	4.7	9:54	0.8	10:37	0.4	7:04	6:20	
14	Sun	4:37	4.6	4:57	4.7	10:51	0.6	11:24	0.2	7:05	6:18	
15	Mon	5:32	4.8	5:49	4.7	11:41	0.4			7:06	6:17	
16	Tue	6:18	5.0	6:34	4.7	12:06	0.2	12:28	0.3	7:07	6:15	
17	Wed	6:59	5.2	7:14	4.7	12:47	0.1	1:13	0.2	7:08	6:14	
18	Thu	7:37	5.3	7:53	4.6	1:26	0.2	1:56	0.2	7:09	6:12	
19	Fri	8:13	5.2	8:31	4.5	2:03	0.3	2:37	0.2	7:10	6:11	
20	Sat	8:49	5.1	9:09	4.3	2:40	0.4	3:17	0.3	7:11	6:10	
21	Sun	9:25	4.9	9:49	4.0	3:16	0.6	3:55	0.5	7:12	6:08	
22	Mon	10:02	4.7	10:31	3.8	3:50	0.8	4:32	0.6	7:13	6:07	
23	Tue	10:43	4.5	11:20	3.6	4:23	1.0	5:11	0.8	7:15	6:05	
24	Wed	11:30	4.3			4:58	1.2	5:56	1.0	7:16	6:04	
25	Thu	12:13	3.5	12:22	4.2	5:39	1.3	6:51	1.1	7:17	6:03	
26	Fri	1:06	3.5	1:15	4.2	6:38	1.5	7:54	1.1	7:18	6:01	
27	Sat	1:58	3.6	2:08	4.2	7:58	1.5	8:54	1.0	7:19	6:00	
28	Sun	1:49	3.8	2:03	4.3	8:10	1.3	8:47	0.7	6:20	4:59	
29	Mon	2:44	4.1	3:02	4.4	9:10	1.0	9:34	0.4	6:21	4:58	
30	Tue	3:38	4.5	4:00	4.6	10:04	0.6	10:20	0.1	6:22	4:56	
31	Wed	4:30	5.0	4:53	4.7	10:55	0.2	11:05	-0.1	6:23	4:55	