
































## Seaside Heights, NJ - Jan 1996

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:45	4.2	4:09	3.6	10:17	0.2	10:15	0.1	7:17	4:41	
2	Tue	4:36	4.3	5:00	3.7	11:03	0.1	10:59	0.0	7:17	4:42	
3	Wed	5:21	4.4	5:46	3.8	11:47	-0.1	11:42	0.0	7:17	4:42	
4	Thu	6:02	4.5	6:28	3.8			12:30	-0.2	7:17	4:43	
5	Fri	6:41	4.5	7:09	3.9	12:25	-0.1	1:12	-0.2	7:18	4:44	
6	Sat	7:17	4.5	7:48	3.9	1:07	-0.1	1:52	-0.3	7:17	4:45	
7	Sun	7:52	4.4	8:27	3.8	1:48	-0.1	2:29	-0.3	7:17	4:46	
8	Mon	8:26	4.3	9:05	3.7	2:26	0.0	3:04	-0.2	7:17	4:47	
9	Tue	8:59	4.2	9:44	3.7	3:02	0.1	3:37	-0.1	7:17	4:48	
10	Wed	9:35	4.0	10:25	3.7	3:38	0.2	4:09	0.0	7:17	4:49	
11	Thu	10:17	3.9	11:10	3.7	4:16	0.3	4:44	0.0	7:17	4:50	
12	Fri	11:07	3.8	11:58	3.9	5:02	0.4	5:27	0.1	7:17	4:51	
13	Sat			12:02	3.7	6:04	0.5	6:25	0.2	7:16	4:52	
14	Sun	12:49	4.0	1:00	3.6	7:18	0.4	7:33	0.1	7:16	4:53	
15	Mon	1:46	4.2	2:05	3.6	8:30	0.2	8:40	-0.1	7:16	4:54	
16	Tue	2:50	4.4	3:16	3.7	9:34	-0.1	9:41	-0.3	7:15	4:55	
17	Wed	3:56	4.7	4:24	3.9	10:32	-0.4	10:40	-0.6	7:15	4:57	
18	Thu	4:57	5.1	5:24	4.2	11:28	-0.8	11:36	-0.8	7:14	4:58	
19	Fri	5:52	5.3	6:19	4.5			12:22	-1.1	7:14	4:59	
20	Sat	6:44	5.5	7:12	4.7	12:32	-1.0	1:15	-1.3	7:13	5:00	
21	Sun	7:35	5.5	8:04	4.8	1:27	-1.1	2:05	-1.4	7:13	5:01	
22	Mon	8:26	5.3	8:57	4.7	2:20	-1.1	2:53	-1.3	7:12	5:02	
23	Tue	9:18	5.1	9:51	4.6	3:10	-0.9	3:39	-1.2	7:11	5:03	
24	Wed	10:12	4.7	10:45	4.4	4:00	-0.7	4:25	-0.9	7:11	5:05	
25	Thu	11:05	4.4	11:38	4.3	4:51	-0.3	5:14	-0.5	7:10	5:06	
26	Fri	11:58	4.0			5:49	0.0	6:06	-0.2	7:09	5:07	
27	Sat	12:30	4.1	12:50	3.7	6:51	0.3	7:03	0.1	7:09	5:08	
28	Sun	1:20	4.0	1:43	3.5	7:55	0.4	8:00	0.2	7:08	5:09	
29	Mon	2:13	3.9	2:39	3.3	8:55	0.4	8:54	0.3	7:07	5:10	
30	Tue	3:09	3.8	3:38	3.3	9:48	0.3	9:45	0.2	7:06	5:12	
31	Wed	4:05	3.9	4:33	3.4	10:35	0.2	10:32	0.1	7:05	5:13	