































## Seaside Heights, NJ - Nov 1996

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	11:10	4.4	11:54	3.9	4:40	0.9	5:34	0.8	6:25	4:53	
2	Sat			12:01	4.2	5:32	1.2	6:31	1.0	6:26	4:52	
3	Sun	12:45	3.9	12:51	4.1	6:35	1.3	7:29	1.0	6:27	4:51	
4	Mon	1:35	3.9	1:41	4.0	7:40	1.3	8:23	0.9	6:29	4:50	
5	Tue	2:26	4.0	2:34	4.0	8:39	1.1	9:11	0.7	6:30	4:49	
6	Wed	3:18	4.2	3:28	4.1	9:32	0.9	9:55	0.5	6:31	4:48	
7	Thu	4:07	4.4	4:19	4.2	10:19	0.6	10:37	0.4	6:32	4:47	
8	Fri	4:52	4.7	5:05	4.4	11:05	0.4	11:18	0.2	6:33	4:46	
9	Sat	5:32	5.0	5:48	4.5	11:51	0.1			6:34	4:45	
10	Sun	6:11	5.2	6:29	4.6	12:00	0.1	12:37	-0.1	6:36	4:44	
11	Mon	6:49	5.4	7:10	4.6	12:43	0.0	1:23	-0.2	6:37	4:43	
12	Tue	7:30	5.4	7:54	4.5	1:27	-0.1	2:09	-0.3	6:38	4:42	
13	Wed	8:15	5.4	8:43	4.4	2:11	-0.1	2:55	-0.3	6:39	4:41	
14	Thu	9:05	5.3	9:39	4.4	2:57	0.0	3:42	-0.2	6:40	4:40	
15	Fri	10:01	5.1	10:41	4.3	3:45	0.1	4:32	-0.1	6:41	4:39	
16	Sat	11:03	5.0	11:43	4.3	4:40	0.3	5:30	0.0	6:42	4:39	
17	Sun			12:05	4.8	5:47	0.5	6:34	0.1	6:44	4:38	
18	Mon	12:44	4.4	1:04	4.7	7:01	0.5	7:38	0.1	6:45	4:37	
19	Tue	1:43	4.6	2:04	4.6	8:11	0.4	8:37	-0.1	6:46	4:37	
20	Wed	2:43	4.7	3:06	4.6	9:14	0.2	9:32	-0.2	6:47	4:36	
21	Thu	3:43	4.9	4:06	4.6	10:11	0.0	10:22	-0.3	6:48	4:35	
22	Fri	4:38	5.1	5:01	4.6	11:03	-0.1	11:10	-0.3	6:49	4:35	
23	Sat	5:27	5.3	5:50	4.6	11:52	-0.3	11:56	-0.3	6:50	4:34	
24	Sun	6:12	5.3	6:37	4.6			12:41	-0.3	6:51	4:34	
25	Mon	6:54	5.3	7:21	4.5	12:42	-0.2	1:27	-0.3	6:52	4:33	
26	Tue	7:36	5.2	8:06	4.4	1:26	-0.1	2:11	-0.2	6:53	4:33	
27	Wed	8:17	4.9	8:51	4.2	2:08	0.1	2:52	-0.1	6:54	4:32	
28	Thu	8:59	4.7	9:38	4.0	2:48	0.2	3:31	0.1	6:56	4:32	
29	Fri	9:42	4.4	10:28	3.8	3:27	0.5	4:11	0.3	6:57	4:32	
30	Sat	10:29	4.2	11:18	3.8	4:07	0.7	4:52	0.5	6:58	4:31	