US HARBORS www.USHarbors.com

Seaside Heights, NJ - Jan 1997

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	12:10	3.6	12:05	3.6	5:59	0.8	6:29	0.4	7:17	4:41	
2	Thu	12:54	3.7	12:53	3.5	7:06	0.8	7:27	0.4	7:17	4:42	
3	Fri	1:41	3.8	1:47	3.4	8:12	0.7	8:25	0.3	7:17	4:43	
4	Sat	2:34	4.0	2:49	3.5	9:12	0.4	9:20	0.1	7:18	4:44	
5	Sun	3:32	4.3	3:54	3.6	10:07	0.1	10:12	-0.1	7:17	4:45	
6	Mon	4:28	4.6	4:53	3.9	11:00	-0.3	11:04	-0.4	7:17	4:46	
7	Tue	5:20	5.0	5:45	4.1	11:52	-0.6	11:56	-0.6	7:17	4:47	
8	Wed	6:10	5.3	6:36	4.4			12:43	-0.9	7:17	4:48	
9	Thu	6:59	5.4	7:26	4.5	12:49	-0.8	1:34	-1.1	7:17	4:49	
10	Fri	7:49	5.5	8:19	4.6	1:42	-0.9	2:23	-1.2	7:17	4:50	
11	Sat	8:41	5.3	9:13	4.6	2:34	-0.9	3:11	-1.2	7:17	4:51	
12	Sun	9:35	5.1	10:10	4.6	3:25	-0.8	3:59	-1.1	7:16	4:52	
13	Mon	10:32	4.8	11:09	4.5	4:18	-0.6	4:49	-0.9	7:16	4:53	
14	Tue	11:29	4.5			5:16	-0.3	5:44	-0.6	7:16	4:54	
15	Wed	12:05	4.4	12:26	4.2	6:21	0.0	6:43	-0.4	7:15	4:55	
16	Thu	1:00	4.3	1:21	3.9	7:29	0.1	7:44	-0.2	7:15	4:56	
17	Fri	1:56	4.2	2:19	3.7	8:34	0.1	8:42	-0.1	7:14	4:57	
18	Sat	2:54	4.2	3:20	3.6	9:33	0.1	9:36	-0.1	7:14	4:58	
19	Sun	3:53	4.2	4:20	3.6	10:26	0.0	10:25	-0.1	7:13	5:00	
20	Mon	4:46	4.3	5:12	3.7	11:14	-0.2	11:12	-0.1	7:13	5:01	
21	Tue	5:33	4.4	5:58	3.8	11:59	-0.3	11:57	-0.2	7:12	5:02	
22	Wed	6:15	4.5	6:41	3.9			12:43	-0.3	7:12	5:03	
23	Thu	6:54	4.5	7:21	3.9	12:40	-0.2	1:24	-0.4	7:11	5:04	
24	Fri	7:31	4.4	8:01	3.9	1:23	-0.2	2:02	-0.4	7:10	5:05	
25	Sat	8:08	4.3	8:40	3.9	2:03	-0.2	2:38	-0.4	7:10	5:07	
26	Sun	8:43	4.2	9:19	3.8	2:40	-0.1	3:12	-0.3	7:09	5:08	
27	Mon	9:18	4.0	9:58	3.7	3:16	0.0	3:44	-0.2	7:08	5:09	
28	Tue	9:54	3.8	10:38	3.7	3:52	0.2	4:15	0.0	7:07	5:10	
29	Wed	10:34	3.6	11:19	3.7	4:29	0.3	4:48	0.1	7:06	5:11	
30	Thu	11:19	3.5			5:15	0.5	5:29	0.2	7:05	5:13	
31	Fri	12:04	3.7	12:11	3.4	6:15	0.6	6:26	0.3	7:05	5:14	