
































Seaside Heights, NJ - Jun 1997

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:31	4.6	5:06	5.2	10:51	-0.1	11:36	0.0	5:29	8:18	
2	Mon	5:31	4.6	6:00	5.4	11:42	-0.2			5:28	8:19	
3	Tue	6:26	4.7	6:49	5.5	12:28	-0.1	12:32	-0.2	5:28	8:20	
4	Wed	7:16	4.7	7:35	5.5	1:20	-0.2	1:21	-0.1	5:28	8:20	
5	Thu	8:04	4.7	8:19	5.4	2:09	-0.3	2:09	0.0	5:27	8:21	
6	Fri	8:52	4.6	9:03	5.3	2:56	-0.2	2:54	0.2	5:27	8:22	
7	Sat	9:39	4.5	9:47	5.0	3:40	-0.1	3:38	0.3	5:27	8:22	
8	Sun	10:28	4.3	10:32	4.8	4:21	0.0	4:19	0.5	5:27	8:23	
9	Mon	11:17	4.2	11:19	4.5	5:01	0.2	5:01	0.8	5:27	8:23	
10	Tue			12:07	4.1	5:43	0.4	5:45	1.0	5:26	8:24	
11	Wed	12:07	4.3	12:55	4.1	6:27	0.6	6:36	1.2	5:26	8:24	
12	Thu	12:53	4.1	1:41	4.1	7:15	0.8	7:35	1.3	5:26	8:25	
13	Fri	1:39	4.0	2:26	4.2	8:08	0.8	8:37	1.3	5:26	8:25	
14	Sat	2:26	3.9	3:13	4.3	9:00	0.8	9:36	1.1	5:26	8:26	
15	Sun	3:17	3.8	4:02	4.4	9:49	0.7	10:29	0.9	5:26	8:26	
16	Mon	4:13	3.9	4:53	4.6	10:37	0.6	11:19	0.6	5:26	8:26	
17	Tue	5:10	3.9	5:41	4.9	11:22	0.5			5:26	8:27	
18	Wed	6:02	4.1	6:25	5.2	12:07	0.4	12:08	0.4	5:27	8:27	
19	Thu	6:49	4.3	7:09	5.4	12:55	0.1	12:55	0.2	5:27	8:27	
20	Fri	7:35	4.4	7:52	5.6	1:44	-0.1	1:44	0.1	5:27	8:28	
21	Sat	8:22	4.5	8:38	5.6	2:33	-0.3	2:34	0.0	5:27	8:28	
22	Sun	9:11	4.6	9:27	5.6	3:20	-0.4	3:23	0.0	5:27	8:28	
23	Mon	10:04	4.7	10:20	5.5	4:06	-0.5	4:13	0.0	5:28	8:28	
24	Tue	11:00	4.7	11:17	5.3	4:52	-0.4	5:04	0.1	5:28	8:28	
25	Wed	11:59	4.8			5:42	-0.3	6:02	0.3	5:28	8:28	
26	Thu	12:16	5.1	12:56	4.9	6:36	-0.2	7:07	0.5	5:29	8:28	
27	Fri	1:13	4.9	1:52	4.9	7:35	-0.1	8:16	0.5	5:29	8:28	
28	Sat	2:10	4.7	2:47	5.0	8:35	0.0	9:22	0.5	5:29	8:28	
29	Sun	3:08	4.5	3:45	5.0	9:33	0.1	10:23	0.4	5:30	8:28	
30	Mon	4:09	4.4	4:44	5.1	10:28	0.1	11:19	0.2	5:30	8:28	