






























Seaside Heights, NJ - Jul 1997

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	5:10	4.4	5:40	5.2	11:20	0.1			5:31	8:28	
2	Wed	6:07	4.4	6:29	5.3	12:11	0.1	12:09	0.1	5:31	8:28	
3	Thu	6:57	4.5	7:15	5.3	1:00	0.0	12:57	0.2	5:32	8:28	
4	Fri	7:44	4.5	7:58	5.2	1:48	0.0	1:45	0.2	5:32	8:28	
5	Sat	8:29	4.5	8:39	5.1	2:33	0.0	2:30	0.3	5:33	8:28	
6	Sun	9:14	4.4	9:20	5.0	3:15	0.0	3:13	0.4	5:34	8:27	
7	Mon	9:58	4.3	10:01	4.8	3:54	0.1	3:54	0.5	5:34	8:27	
8	Tue	10:44	4.3	10:43	4.5	4:31	0.2	4:33	0.7	5:35	8:27	
9	Wed	11:30	4.2	11:26	4.3	5:07	0.4	5:13	0.9	5:35	8:26	
10	Thu			12:15	4.2	5:44	0.5	5:56	1.1	5:36	8:26	
11	Fri	12:11	4.1	12:59	4.2	6:24	0.7	6:48	1.2	5:37	8:25	
12	Sat	12:55	4.0	1:42	4.2	7:10	0.8	7:48	1.3	5:38	8:25	
13	Sun	1:40	3.9	2:25	4.3	8:03	0.9	8:52	1.2	5:38	8:25	
14	Mon	2:29	3.8	3:13	4.4	8:59	0.8	9:51	1.0	5:39	8:24	
15	Tue	3:24	3.8	4:06	4.6	9:53	0.7	10:46	0.7	5:40	8:23	
16	Wed	4:27	3.9	5:02	4.9	10:46	0.6	11:37	0.4	5:41	8:23	
17	Thu	5:28	4.1	5:55	5.2	11:37	0.4			5:41	8:22	
18	Fri	6:22	4.3	6:45	5.5	12:28	0.1	12:29	0.2	5:42	8:22	
19	Sat	7:12	4.6	7:33	5.7	1:19	-0.2	1:22	0.0	5:43	8:21	
20	Sun	8:02	4.8	8:22	5.8	2:10	-0.4	2:16	-0.2	5:44	8:20	
21	Mon	8:53	5.0	9:12	5.8	2:59	-0.6	3:09	-0.3	5:45	8:19	
22	Tue	9:46	5.1	10:06	5.6	3:46	-0.7	4:00	-0.2	5:45	8:19	
23	Wed	10:42	5.1	11:01	5.4	4:33	-0.7	4:52	-0.1	5:46	8:18	
24	Thu	11:39	5.1	11:59	5.1	5:21	-0.5	5:48	0.1	5:47	8:17	
25	Fri			12:36	5.1	6:13	-0.3	6:49	0.3	5:48	8:16	
26	Sat	12:56	4.9	1:32	5.1	7:09	0.0	7:56	0.5	5:49	8:15	
27	Sun	1:52	4.6	2:26	5.0	8:10	0.2	9:03	0.6	5:50	8:14	
28	Mon	2:49	4.4	3:23	4.9	9:10	0.3	10:05	0.5	5:51	8:13	
29	Tue	3:49	4.2	4:22	4.9	10:07	0.4	11:01	0.4	5:52	8:13	
30	Wed	4:50	4.2	5:19	5.0	11:00	0.4	11:51	0.3	5:53	8:12	
31	Thu	5:47	4.3	6:09	5.0	11:49	0.4			5:53	8:11	