

























Seaside Heights, NJ - Jul 2000

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	7:31	4.8	7:49	6.0	1:38	-0.4	1:37	-0.3	5:31	8:28	
2	Sun	8:26	4.9	8:42	5.9	2:33	-0.6	2:33	-0.4	5:31	8:28	
3	Mon	9:21	4.9	9:37	5.8	3:25	-0.7	3:27	-0.3	5:32	8:28	
4	Tue	10:19	4.9	10:33	5.5	4:15	-0.7	4:20	-0.2	5:33	8:28	
5	Wed	11:17	4.9	11:30	5.2	5:04	-0.5	5:14	0.1	5:33	8:27	
6	Thu			12:15	4.9	5:55	-0.3	6:10	0.4	5:34	8:27	
7	Fri	12:27	4.9	1:10	4.8	6:50	0.0	7:13	0.6	5:34	8:27	
8	Sat	1:21	4.6	2:01	4.8	7:46	0.2	8:17	0.8	5:35	8:27	
9	Sun	2:12	4.4	2:52	4.7	8:41	0.4	9:19	0.8	5:36	8:26	
10	Mon	3:05	4.1	3:44	4.7	9:34	0.5	10:15	0.8	5:36	8:26	
11	Tue	4:01	4.0	4:37	4.7	10:22	0.6	11:05	0.7	5:37	8:25	
12	Wed	4:58	3.9	5:27	4.8	11:08	0.6	11:52	0.6	5:38	8:25	
13	Thu	5:50	3.9	6:13	4.9	11:51	0.6			5:38	8:24	
14	Fri	6:37	4.0	6:55	5.0	12:37	0.4	12:35	0.6	5:39	8:24	
15	Sat	7:20	4.1	7:35	5.0	1:21	0.3	1:19	0.6	5:40	8:23	
16	Sun	8:01	4.1	8:13	5.0	2:04	0.3	2:02	0.6	5:41	8:23	
17	Mon	8:41	4.1	8:50	4.9	2:45	0.2	2:44	0.6	5:42	8:22	
18	Tue	9:21	4.1	9:26	4.8	3:24	0.2	3:23	0.7	5:42	8:21	
19	Wed	10:00	4.1	10:02	4.7	4:00	0.2	4:01	0.8	5:43	8:21	
20	Thu	10:39	4.1	10:41	4.6	4:34	0.3	4:37	0.8	5:44	8:20	
21	Fri	11:20	4.1	11:24	4.4	5:08	0.3	5:15	0.9	5:45	8:19	
22	Sat			12:04	4.2	5:44	0.4	6:01	1.0	5:46	8:18	
23	Sun	12:13	4.3	12:51	4.4	6:26	0.5	7:02	1.1	5:47	8:18	
24	Mon	1:05	4.2	1:40	4.6	7:19	0.5	8:15	1.0	5:47	8:17	
25	Tue	2:01	4.2	2:34	4.8	8:21	0.5	9:26	0.8	5:48	8:16	
26	Wed	3:02	4.1	3:35	5.0	9:25	0.4	10:30	0.5	5:49	8:15	
27	Thu	4:10	4.2	4:41	5.3	10:27	0.2	11:28	0.2	5:50	8:14	
28	Fri	5:18	4.4	5:44	5.6	11:26	0.0			5:51	8:13	
29	Sat	6:19	4.6	6:41	5.8	12:25	-0.1	12:24	-0.2	5:52	8:12	
30	Sun	7:16	4.9	7:35	5.9	1:20	-0.4	1:21	-0.3	5:53	8:11	
31	Mon	8:10	5.1	8:27	5.9	2:14	-0.6	2:18	-0.4	5:54	8:10	