
































## Seaside Heights, NJ - Jun 2001

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	3:56	4.5	4:39	5.0	10:29	0.0	11:02	0.3	5:29	8:18	
2	Sat	4:57	4.5	5:34	5.2	11:19	-0.1	11:55	0.1	5:28	8:19	
3	Sun	5:54	4.5	6:23	5.4			12:06	0.0	5:28	8:20	
4	Mon	6:44	4.5	7:08	5.4	12:45	0.0	12:52	0.0	5:28	8:20	
5	Tue	7:31	4.4	7:50	5.4	1:34	-0.1	1:37	0.1	5:27	8:21	
6	Wed	8:16	4.4	8:32	5.3	2:21	-0.1	2:21	0.3	5:27	8:22	
7	Thu	9:00	4.3	9:13	5.1	3:05	0.0	3:04	0.4	5:27	8:22	
8	Fri	9:46	4.1	9:56	4.9	3:46	0.1	3:44	0.6	5:27	8:23	
9	Sat	10:33	4.0	10:40	4.6	4:26	0.2	4:24	0.8	5:27	8:23	
10	Sun	11:22	3.9	11:27	4.4	5:05	0.4	5:03	1.0	5:26	8:24	
11	Mon			12:11	3.8	5:45	0.6	5:47	1.2	5:26	8:24	
12	Tue	12:14	4.2	12:59	3.8	6:30	0.7	6:40	1.4	5:26	8:25	
13	Wed	1:01	4.1	1:43	3.9	7:20	0.8	7:44	1.4	5:26	8:25	
14	Thu	1:47	4.0	2:27	4.0	8:12	0.8	8:48	1.4	5:26	8:26	
15	Fri	2:34	3.9	3:14	4.2	9:04	0.7	9:47	1.2	5:26	8:26	
16	Sat	3:27	3.9	4:03	4.4	9:53	0.6	10:41	0.9	5:26	8:26	
17	Sun	4:24	3.9	4:54	4.7	10:40	0.5	11:31	0.6	5:26	8:27	
18	Mon	5:21	4.1	5:43	5.0	11:27	0.3			5:27	8:27	
19	Tue	6:14	4.2	6:30	5.3	12:21	0.3	12:14	0.2	5:27	8:27	
20	Wed	7:03	4.4	7:16	5.6	1:11	0.0	1:03	0.1	5:27	8:28	
21	Thu	7:52	4.5	8:03	5.7	2:02	-0.2	1:55	0.0	5:27	8:28	
22	Fri	8:43	4.6	8:53	5.7	2:53	-0.3	2:48	-0.1	5:27	8:28	
23	Sat	9:36	4.6	9:47	5.6	3:42	-0.4	3:39	-0.1	5:28	8:28	
24	Sun	10:33	4.6	10:44	5.4	4:31	-0.4	4:31	0.0	5:28	8:28	
25	Mon	11:33	4.7	11:44	5.2	5:20	-0.3	5:26	0.2	5:28	8:28	
26	Tue			12:32	4.7	6:14	-0.2	6:28	0.4	5:29	8:28	
27	Wed	12:43	5.0	1:28	4.8	7:11	-0.1	7:35	0.6	5:29	8:28	
28	Thu	1:39	4.7	2:23	4.9	8:10	0.1	8:43	0.6	5:29	8:28	
29	Fri	2:34	4.5	3:18	5.0	9:08	0.1	9:46	0.5	5:30	8:28	
30	Sat	3:32	4.3	4:14	5.0	10:02	0.2	10:43	0.4	5:30	8:28	