
































## Seaside Heights, NJ - Jul 2001

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:33	4.2	5:09	5.1	10:52	0.2	11:36	0.3	5:31	8:28	
2	Mon	5:31	4.1	6:00	5.2	11:40	0.3			5:31	8:28	
3	Tue	6:23	4.2	6:45	5.2	12:25	0.3	12:26	0.4	5:32	8:28	
4	Wed	7:10	4.2	7:28	5.2	1:12	0.2	1:11	0.4	5:32	8:28	
5	Thu	7:54	4.2	8:09	5.1	1:58	0.1	1:56	0.5	5:33	8:28	
6	Fri	8:37	4.2	8:49	5.0	2:41	0.1	2:40	0.6	5:34	8:27	
7	Sat	9:20	4.1	9:29	4.9	3:22	0.2	3:21	0.7	5:34	8:27	
8	Sun	10:04	4.1	10:10	4.7	4:00	0.2	4:00	0.8	5:35	8:27	
9	Mon	10:48	4.0	10:52	4.5	4:36	0.3	4:38	0.9	5:36	8:26	
10	Tue	11:33	4.0	11:35	4.3	5:12	0.4	5:17	1.1	5:36	8:26	
11	Wed			12:17	4.0	5:48	0.6	6:00	1.2	5:37	8:25	
12	Thu	12:18	4.2	12:59	4.1	6:28	0.7	6:54	1.3	5:38	8:25	
13	Fri	1:03	4.0	1:40	4.2	7:14	0.8	7:59	1.3	5:38	8:25	
14	Sat	1:49	3.9	2:23	4.3	8:07	0.8	9:05	1.2	5:39	8:24	
15	Sun	2:40	3.9	3:12	4.5	9:03	0.7	10:05	1.0	5:40	8:23	
16	Mon	3:40	3.9	4:09	4.8	9:58	0.6	11:01	0.7	5:41	8:23	
17	Tue	4:44	4.0	5:09	5.1	10:53	0.4	11:55	0.3	5:41	8:22	
18	Wed	5:46	4.2	6:04	5.4	11:47	0.2			5:42	8:22	
19	Thu	6:41	4.4	6:57	5.7	12:48	0.0	12:41	0.0	5:43	8:21	
20	Fri	7:33	4.6	7:48	5.8	1:41	-0.2	1:37	-0.1	5:44	8:20	
21	Sat	8:26	4.8	8:40	5.9	2:33	-0.5	2:33	-0.2	5:45	8:19	
22	Sun	9:20	4.9	9:34	5.8	3:23	-0.6	3:27	-0.3	5:46	8:19	
23	Mon	10:15	5.0	10:29	5.5	4:12	-0.6	4:19	-0.2	5:46	8:18	
24	Tue	11:13	5.0	11:26	5.3	4:59	-0.5	5:13	0.0	5:47	8:17	
25	Wed			12:10	5.1	5:49	-0.3	6:10	0.3	5:48	8:16	
26	Thu	12:23	5.0	1:05	5.1	6:42	-0.1	7:13	0.5	5:49	8:15	
27	Fri	1:18	4.7	1:58	5.0	7:39	0.1	8:20	0.6	5:50	8:14	
28	Sat	2:12	4.4	2:51	4.9	8:38	0.3	9:24	0.7	5:51	8:13	
29	Sun	3:08	4.1	3:46	4.9	9:34	0.5	10:22	0.6	5:52	8:12	
30	Mon	4:08	4.0	4:43	4.9	10:27	0.6	11:15	0.6	5:53	8:11	
31	Tue	5:08	3.9	5:36	4.9	11:16	0.6			5:54	8:10	