






























Seaside Heights, NJ - Mar 2003

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	6:03	4.6	6:28	4.1			12:24	-0.4	6:29	5:47	
2	Sun	6:45	4.6	7:08	4.2	12:35	-0.2	1:06	-0.4	6:28	5:48	
3	Mon	7:25	4.6	7:47	4.3	1:20	-0.3	1:45	-0.4	6:26	5:49	
4	Tue	8:03	4.4	8:24	4.2	2:01	-0.2	2:20	-0.4	6:24	5:50	
5	Wed	8:41	4.3	9:01	4.2	2:39	-0.2	2:53	-0.3	6:23	5:51	
6	Thu	9:19	4.0	9:37	4.1	3:15	0.0	3:24	-0.1	6:21	5:52	
7	Fri	9:59	3.8	10:14	4.0	3:50	0.2	3:54	0.1	6:20	5:54	
8	Sat	10:41	3.5	10:53	3.9	4:27	0.4	4:25	0.3	6:18	5:55	
9	Sun	11:26	3.3	11:35	3.8	5:09	0.6	5:00	0.6	6:17	5:56	
10	Mon			12:15	3.2	6:04	0.8	5:48	0.8	6:15	5:57	
11	Tue	12:21	3.7	1:07	3.1	7:16	0.9	6:59	0.9	6:14	5:58	
12	Wed	1:15	3.7	2:07	3.1	8:26	0.8	8:15	0.8	6:12	5:59	
13	Thu	2:18	3.8	3:13	3.2	9:27	0.5	9:20	0.6	6:10	6:00	
14	Fri	3:27	4.0	4:15	3.5	10:19	0.2	10:17	0.2	6:09	6:01	
15	Sat	4:30	4.4	5:08	4.0	11:07	-0.1	11:10	-0.1	6:07	6:02	
16	Sun	5:22	4.7	5:55	4.4	11:54	-0.4			6:06	6:03	
17	Mon	6:10	5.0	6:40	4.8	12:02	-0.5	12:40	-0.7	6:04	6:04	
18	Tue	6:56	5.1	7:25	5.1	12:54	-0.7	1:25	-0.9	6:02	6:05	
19	Wed	7:43	5.1	8:12	5.2	1:45	-0.9	2:10	-0.9	6:01	6:06	
20	Thu	8:31	4.9	9:01	5.2	2:34	-0.9	2:53	-0.9	5:59	6:07	
21	Fri	9:23	4.7	9:54	5.1	3:23	-0.8	3:37	-0.7	5:58	6:08	
22	Sat	10:19	4.3	10:50	4.9	4:14	-0.5	4:25	-0.4	5:56	6:09	
23	Sun	11:19	4.0	11:49	4.7	5:10	-0.2	5:20	0.0	5:54	6:10	
24	Mon			12:20	3.8	6:16	0.1	6:27	0.4	5:53	6:11	
25	Tue	12:49	4.5	1:22	3.6	7:27	0.3	7:40	0.6	5:51	6:12	
26	Wed	1:50	4.3	2:27	3.6	8:36	0.3	8:50	0.6	5:49	6:13	
27	Thu	2:55	4.2	3:34	3.7	9:35	0.2	9:50	0.5	5:48	6:14	
28	Fri	3:59	4.2	4:33	3.9	10:27	0.1	10:42	0.3	5:46	6:15	
29	Sat	4:54	4.3	5:22	4.1	11:12	0.0	11:29	0.2	5:45	6:16	
30	Sun	5:40	4.4	6:04	4.4	11:53	-0.1			5:43	6:17	
31	Mon	6:21	4.5	6:41	4.5	12:14	0.0	12:33	-0.1	5:41	6:18	