


























Seaside Heights, NJ - Jan 2004

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	2:20	3.9	2:38	3.4	8:56	0.6	8:55	0.3	7:17	4:41	
2	Fri	3:11	4.0	3:34	3.3	9:47	0.5	9:40	0.3	7:17	4:42	
3	Sat	4:02	4.1	4:28	3.4	10:34	0.3	10:24	0.2	7:17	4:43	
4	Sun	4:49	4.2	5:16	3.4	11:19	0.2	11:07	0.2	7:17	4:43	
5	Mon	5:32	4.3	6:00	3.5			12:03	0.0	7:17	4:44	
6	Tue	6:11	4.4	6:41	3.6			12:47	-0.1	7:17	4:45	
7	Wed	6:48	4.5	7:21	3.6	12:34	0.1	1:29	-0.2	7:17	4:46	
8	Thu	7:23	4.5	8:00	3.6	1:16	0.1	2:09	-0.2	7:17	4:47	
9	Fri	7:58	4.5	8:38	3.6	1:57	0.1	2:46	-0.2	7:17	4:48	
10	Sat	8:35	4.4	9:19	3.6	2:36	0.1	3:22	-0.2	7:17	4:49	
11	Sun	9:14	4.3	10:03	3.6	3:14	0.1	3:57	-0.2	7:17	4:50	
12	Mon	10:00	4.2	10:51	3.8	3:55	0.2	4:34	-0.1	7:16	4:51	
13	Tue	10:52	4.0	11:43	3.9	4:43	0.3	5:17	-0.1	7:16	4:52	
14	Wed	11:48	3.9			5:43	0.3	6:10	0.0	7:16	4:53	
15	Thu	12:36	4.1	12:46	3.7	6:57	0.4	7:14	0.0	7:16	4:54	
16	Fri	1:32	4.3	1:48	3.6	8:12	0.3	8:20	-0.1	7:15	4:55	
17	Sat	2:34	4.5	2:58	3.5	9:20	0.0	9:23	-0.2	7:15	4:57	
18	Sun	3:41	4.7	4:10	3.6	10:21	-0.2	10:23	-0.4	7:14	4:58	
19	Mon	4:45	4.9	5:13	3.8	11:18	-0.5	11:21	-0.5	7:14	4:59	
20	Tue	5:42	5.1	6:10	4.0			12:14	-0.7	7:13	5:00	
21	Wed	6:34	5.2	7:03	4.2	12:17	-0.6	1:07	-0.9	7:13	5:01	
22	Thu	7:24	5.2	7:54	4.3	1:12	-0.7	1:56	-1.0	7:12	5:02	
23	Fri	8:13	5.1	8:44	4.2	2:04	-0.7	2:42	-1.0	7:11	5:03	
24	Sat	9:02	4.8	9:34	4.2	2:52	-0.5	3:25	-0.8	7:11	5:05	
25	Sun	9:51	4.5	10:24	4.1	3:38	-0.3	4:07	-0.6	7:10	5:06	
26	Mon	10:40	4.2	11:13	4.0	4:24	0.0	4:48	-0.3	7:09	5:07	
27	Tue	11:28	3.8			5:13	0.3	5:31	0.0	7:09	5:08	
28	Wed	12:00	3.9	12:16	3.5	6:09	0.5	6:18	0.2	7:08	5:09	
29	Thu	12:46	3.8	1:04	3.3	7:11	0.7	7:11	0.4	7:07	5:11	
30	Fri	1:32	3.7	1:55	3.1	8:13	0.7	8:06	0.5	7:06	5:12	
31	Sat	2:22	3.7	2:53	3.0	9:11	0.6	9:00	0.5	7:05	5:13	