

































Seaside Heights, NJ - Mar 2004

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	2:31	3.6	3:17	3.0	9:28	0.7	9:19	0.7	6:28	5:48	
2	Tue	3:34	3.7	4:18	3.2	10:19	0.4	10:12	0.5	6:26	5:49	
3	Wed	4:32	3.9	5:08	3.5	11:05	0.2	11:01	0.3	6:25	5:50	
4	Thu	5:19	4.2	5:51	3.8	11:48	0.0	11:48	0.0	6:23	5:51	
5	Fri	6:01	4.4	6:30	4.1			12:30	-0.3	6:22	5:52	
6	Sat	6:39	4.6	7:08	4.3	12:34	-0.2	1:11	-0.4	6:20	5:53	
7	Sun	7:18	4.7	7:46	4.5	1:19	-0.4	1:50	-0.6	6:19	5:54	
8	Mon	7:58	4.7	8:26	4.7	2:03	-0.5	2:27	-0.6	6:17	5:55	
9	Tue	8:40	4.5	9:10	4.7	2:47	-0.6	3:04	-0.6	6:16	5:56	
10	Wed	9:27	4.3	9:59	4.7	3:32	-0.5	3:43	-0.4	6:14	5:58	
11	Thu	10:21	4.0	10:54	4.7	4:20	-0.3	4:26	-0.2	6:12	5:59	
12	Fri	11:20	3.8	11:53	4.5	5:16	0.0	5:19	0.1	6:11	6:00	
13	Sat			12:23	3.6	6:25	0.2	6:30	0.3	6:09	6:01	
14	Sun	12:55	4.4	1:28	3.5	7:41	0.3	7:49	0.4	6:08	6:02	
15	Mon	2:01	4.3	2:38	3.5	8:51	0.2	9:02	0.3	6:06	6:03	
16	Tue	3:12	4.4	3:50	3.7	9:52	0.0	10:05	0.1	6:04	6:04	
17	Wed	4:18	4.5	4:51	4.0	10:46	-0.2	11:01	-0.1	6:03	6:05	
18	Thu	5:15	4.7	5:43	4.4	11:35	-0.4	11:53	-0.3	6:01	6:06	
19	Fri	6:03	4.8	6:28	4.6			12:21	-0.5	6:00	6:07	
20	Sat	6:47	4.8	7:09	4.7	12:41	-0.4	1:04	-0.6	5:58	6:08	
21	Sun	7:28	4.7	7:49	4.8	1:27	-0.4	1:44	-0.5	5:56	6:09	
22	Mon	8:08	4.5	8:27	4.7	2:09	-0.4	2:20	-0.4	5:55	6:10	
23	Tue	8:49	4.3	9:05	4.5	2:49	-0.2	2:54	-0.2	5:53	6:11	
24	Wed	9:30	4.0	9:43	4.4	3:27	0.0	3:27	0.1	5:51	6:12	
25	Thu	10:15	3.7	10:23	4.2	4:04	0.2	3:59	0.4	5:50	6:13	
26	Fri	11:02	3.5	11:07	4.0	4:44	0.5	4:33	0.6	5:48	6:14	
27	Sat	11:52	3.3	11:54	3.8	5:32	0.7	5:16	0.9	5:47	6:15	
28	Sun			12:43	3.2	6:35	0.9	6:18	1.1	5:45	6:16	
29	Mon	12:45	3.7	1:38	3.2	7:45	1.0	7:35	1.2	5:43	6:17	
30	Tue	1:42	3.7	2:38	3.2	8:47	0.8	8:44	1.0	5:42	6:18	
31	Wed	2:45	3.8	3:38	3.5	9:40	0.6	9:41	0.8	5:40	6:19	