

































Seaside Heights, NJ - Jul 2004

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	6:51	4.5	7:17	5.9	12:59	-0.2	12:58	-0.1	5:31	8:28	
2	Fri	7:47	4.6	8:10	5.9	1:55	-0.4	1:56	-0.1	5:31	8:28	
3	Sat	8:43	4.7	9:04	5.8	2:49	-0.5	2:53	-0.1	5:32	8:28	
4	Sun	9:40	4.7	9:59	5.6	3:41	-0.5	3:47	0.0	5:33	8:28	
5	Mon	10:38	4.7	10:54	5.3	4:29	-0.5	4:39	0.1	5:33	8:27	
6	Tue	11:35	4.7	11:50	5.0	5:17	-0.3	5:32	0.4	5:34	8:27	
7	Wed			12:30	4.6	6:06	-0.1	6:30	0.7	5:34	8:27	
8	Thu	12:43	4.7	1:22	4.6	6:57	0.2	7:32	0.9	5:35	8:27	
9	Fri	1:33	4.4	2:10	4.6	7:50	0.4	8:35	1.0	5:36	8:26	
10	Sat	2:23	4.1	2:58	4.6	8:41	0.6	9:34	1.0	5:36	8:26	
11	Sun	3:14	3.9	3:47	4.6	9:31	0.7	10:28	0.9	5:37	8:25	
12	Mon	4:10	3.8	4:39	4.6	10:18	0.8	11:17	0.8	5:38	8:25	
13	Tue	5:06	3.7	5:29	4.7	11:03	0.8			5:39	8:24	
14	Wed	5:59	3.8	6:14	4.8	12:03	0.7	11:48 AM	0.8	5:39	8:24	
15	Thu	6:46	3.9	6:56	4.9	12:48	0.6	12:32	0.7	5:40	8:23	
16	Fri	7:29	4.0	7:35	4.9	1:32	0.5	1:17	0.7	5:41	8:23	
17	Sat	8:10	4.0	8:12	4.9	2:15	0.4	2:02	0.7	5:42	8:22	
18	Sun	8:50	4.1	8:47	4.9	2:56	0.3	2:45	0.7	5:42	8:21	
19	Mon	9:30	4.1	9:22	4.8	3:33	0.3	3:25	0.7	5:43	8:21	
20	Tue	10:09	4.1	9:59	4.7	4:08	0.3	4:03	0.7	5:44	8:20	
21	Wed	10:50	4.1	10:39	4.6	4:41	0.3	4:41	0.8	5:45	8:19	
22	Thu	11:33	4.3	11:26	4.5	5:15	0.4	5:24	0.8	5:46	8:18	
23	Fri			12:19	4.4	5:51	0.4	6:15	0.9	5:47	8:18	
24	Sat	12:18	4.3	1:08	4.6	6:35	0.5	7:21	0.9	5:47	8:17	
25	Sun	1:13	4.2	1:59	4.8	7:30	0.5	8:34	0.9	5:48	8:16	
26	Mon	2:11	4.1	2:56	5.0	8:36	0.5	9:44	0.7	5:49	8:15	
27	Tue	3:16	4.0	4:00	5.2	9:42	0.4	10:48	0.4	5:50	8:14	
28	Wed	4:29	4.0	5:07	5.4	10:46	0.3	11:47	0.2	5:51	8:13	
29	Thu	5:38	4.2	6:08	5.6	11:46	0.1			5:52	8:12	
30	Fri	6:39	4.5	7:04	5.8	12:43	-0.1	12:45	0.0	5:53	8:11	
31	Sat	7:35	4.7	7:57	5.8	1:38	-0.3	1:43	-0.1	5:54	8:10	