US HARBORS www.USHarbors.com

Seaside Heights, NJ - Dec 2008

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**9:03**	4.4	**9:42**	3.5	**2:53**	0.7	**3:39**	0.3	6:59	4:31	
2	Tue	**9:43**	4.2	**10:28**	3.5	**3:29**	0.8	**4:16**	0.4	7:00	4:31	
3	Wed	**10:28**	4.1	**11:16**	3.5	**4:06**	0.9	**4:56**	0.5	7:01	4:31	
4	Thu	**11:17**	4.0			**4:51**	1.0	**5:42**	0.5	7:02	4:31	
5	Fri	**12:03**	3.6	**12:08**	3.9	**5:52**	1.1	**6:36**	0.5	7:02	4:31	
6	Sat	**12:50**	3.8	**1:00**	3.9	**7:07**	1.0	**7:32**	0.4	7:03	4:31	
7	Sun	**1:40**	4.1	**1:57**	3.9	**8:17**	0.8	**8:28**	0.2	7:04	4:30	
8	Mon	**2:34**	4.4	**3:00**	3.9	**9:19**	0.5	**9:21**	0.0	7:05	4:31	
9	Tue	**3:34**	4.7	**4:04**	4.0	**10:16**	0.1	**10:14**	-0.2	7:06	4:31	
10	Wed	**4:31**	5.1	**5:03**	4.1	**11:11**	-0.2	**11:07**	-0.4	7:07	4:31	
11	Thu	**5:26**	5.4	**5:58**	4.3			**12:06**	-0.5	7:08	4:31	
12	Fri	**6:18**	5.6	**6:51**	4.4	**12:01**	-0.5	**1:01**	-0.7	7:08	4:31	
13	Sat	**7:10**	5.6	**7:45**	4.4	**12:57**	-0.6	**1:54**	-0.8	7:09	4:31	
14	Sun	**8:03**	5.5	**8:42**	4.4	**1:52**	-0.6	**2:45**	-0.8	7:10	4:31	
15	Mon	**8:58**	5.3	**9:40**	4.4	**2:46**	-0.5	**3:35**	-0.7	7:10	4:32	
16	Tue	**9:56**	5.0	**10:40**	4.3	**3:38**	-0.3	**4:25**	-0.6	7:11	4:32	
17	Wed	**10:54**	4.7	**11:38**	4.3	**4:33**	0.0	**5:18**	-0.3	7:12	4:32	
18	Thu	**11:50**	4.3			**5:33**	0.3	**6:14**	-0.1	7:12	4:33	
19	Fri	**12:32**	4.3	**12:43**	4.0	**6:39**	0.5	**7:11**	0.1	7:13	4:33	
20	Sat	**1:24**	4.2	**1:36**	3.8	**7:45**	0.5	**8:06**	0.2	7:13	4:34	
21	Sun	**2:16**	4.2	**2:30**	3.6	**8:46**	0.5	**8:57**	0.3	7:14	4:34	
22	Mon	**3:09**	4.2	**3:28**	3.4	**9:40**	0.4	**9:43**	0.3	7:14	4:35	
23	Tue	**4:01**	4.3	**4:24**	3.4	**10:28**	0.3	**10:27**	0.3	7:15	4:35	
24	Wed	**4:50**	4.4	**5:13**	3.5	**11:14**	0.2	**11:10**	0.3	7:15	4:36	
25	Thu	**5:33**	4.5	**5:57**	3.6	**11:58**	0.1	**11:53**	0.2	7:16	4:36	
26	Fri	**6:14**	4.6	**6:39**	3.6			**12:41**	0.0	7:16	4:37	
27	Sat	**6:52**	4.6	**7:18**	3.6	**12:36**	0.2	**1:23**	-0.1	7:16	4:38	
28	Sun	**7:29**	4.5	**7:57**	3.6	**1:18**	0.2	**2:03**	-0.2	7:17	4:38	
29	Mon	**8:05**	4.5	**8:35**	3.6	**1:58**	0.2	**2:40**	-0.2	7:17	4:39	
30	Tue	**8:40**	4.3	**9:13**	3.5	**2:36**	0.3	**3:14**	-0.1	7:17	4:40	
31	Wed	**9:16**	4.2			**3:11**	0.3	**3:47**	-0.1	7:17	4:41	