

































## Seaside Heights, NJ - Jan 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	9:53	4.0	10:31	3.6	3:46	0.4	4:18	0.0	7:17	4:41	
2	Fri	10:38	3.9	11:17	3.8	4:26	0.5	4:55	0.1	7:17	4:42	
3	Sat	11:29	3.7			5:17	0.6	5:40	0.1	7:17	4:43	
4	Sun	12:06	3.9	12:24	3.6	6:27	0.7	6:37	0.2	7:17	4:44	
5	Mon	12:59	4.1	1:23	3.5	7:44	0.6	7:44	0.1	7:17	4:45	
6	Tue	1:57	4.3	2:29	3.5	8:55	0.3	8:49	-0.1	7:17	4:46	
7	Wed	3:03	4.5	3:41	3.6	9:58	0.0	9:51	-0.3	7:17	4:47	
8	Thu	4:11	4.8	4:47	3.8	10:56	-0.3	10:50	-0.5	7:17	4:48	
9	Fri	5:12	5.1	5:46	4.1	11:51	-0.6	11:48	-0.7	7:17	4:49	
10	Sat	6:07	5.3	6:40	4.3			12:46	-0.9	7:17	4:50	
11	Sun	6:59	5.4	7:33	4.5	12:45	-0.8	1:37	-1.1	7:17	4:51	
12	Mon	7:50	5.3	8:25	4.6	1:40	-0.9	2:26	-1.2	7:16	4:52	
13	Tue	8:41	5.1	9:18	4.6	2:32	-0.9	3:12	-1.1	7:16	4:53	
14	Wed	9:32	4.8	10:11	4.5	3:22	-0.7	3:57	-0.9	7:16	4:54	
15	Thu	10:24	4.5	11:04	4.4	4:11	-0.4	4:42	-0.6	7:15	4:55	
16	Fri	11:16	4.1	11:55	4.2	5:03	-0.1	5:29	-0.3	7:15	4:56	
17	Sat			12:07	3.7	6:00	0.2	6:21	0.0	7:14	4:57	
18	Sun	12:44	4.1	12:58	3.4	7:03	0.5	7:16	0.3	7:14	4:59	
19	Mon	1:33	4.0	1:50	3.2	8:06	0.5	8:12	0.4	7:13	5:00	
20	Tue	2:26	3.9	2:48	3.1	9:05	0.5	9:06	0.5	7:13	5:01	
21	Wed	3:22	3.9	3:49	3.1	9:58	0.4	9:57	0.4	7:12	5:02	
22	Thu	4:18	4.0	4:45	3.2	10:45	0.2	10:44	0.3	7:12	5:03	
23	Fri	5:08	4.1	5:33	3.4	11:31	0.1	11:29	0.2	7:11	5:04	
24	Sat	5:51	4.2	6:16	3.5			12:14	-0.1	7:10	5:05	
25	Sun	6:30	4.4	6:54	3.6	12:14	0.1	12:56	-0.2	7:09	5:07	
26	Mon	7:07	4.4	7:31	3.7	12:57	0.0	1:35	-0.3	7:09	5:08	
27	Tue	7:42	4.4	8:06	3.8	1:38	-0.1	2:11	-0.4	7:08	5:09	
28	Wed	8:15	4.3	8:40	3.8	2:17	-0.1	2:45	-0.4	7:07	5:10	
29	Thu	8:50	4.2	9:15	3.9	2:53	0.0	3:16	-0.4	7:06	5:11	
30	Fri	9:27	4.0	9:54	4.0	3:29	0.0	3:47	-0.3	7:05	5:13	
31	Sat	10:11	3.8	10:40	4.0	4:08	0.1	4:21	-0.2	7:04	5:14	