

































## Seaside Heights, NJ - Mar 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	9:53	3.9	10:13	4.4	3:56	-0.1	3:57	-0.2	6:28	5:48	
2	Mon	10:48	3.7	11:10	4.4	4:43	0.1	4:41	-0.1	6:27	5:49	
3	Tue	11:49	3.5			5:45	0.3	5:39	0.2	6:25	5:50	
4	Wed	12:12	4.3	12:53	3.5	7:02	0.4	6:58	0.3	6:24	5:51	
5	Thu	1:17	4.3	2:00	3.5	8:18	0.3	8:18	0.2	6:22	5:52	
6	Fri	2:28	4.3	3:12	3.7	9:24	0.0	9:28	0.0	6:21	5:53	
7	Sat	3:40	4.5	4:20	4.0	10:21	-0.3	10:29	-0.3	6:19	5:54	
8	Sun	5:44	4.7	6:17	4.4			12:13	-0.5	7:17	6:55	
9	Mon	6:38	4.9	7:07	4.8	12:25	-0.5	1:03	-0.8	7:16	6:56	
10	Tue	7:26	4.9	7:54	5.0	1:17	-0.7	1:49	-0.9	7:14	6:57	
11	Wed	8:11	4.9	8:38	5.0	2:08	-0.8	2:34	-0.9	7:13	6:58	
12	Thu	8:55	4.7	9:21	5.0	2:55	-0.7	3:15	-0.7	7:11	6:59	
13	Fri	9:39	4.5	10:04	4.8	3:39	-0.6	3:54	-0.5	7:10	7:00	
14	Sat	10:24	4.2	10:48	4.5	4:21	-0.4	4:31	-0.2	7:08	7:02	
15	Sun	11:11	3.8	11:34	4.3	5:02	-0.1	5:07	0.2	7:06	7:03	
16	Mon			12:00	3.5	5:45	0.2	5:46	0.5	7:05	7:04	
17	Tue	12:22	4.0	12:51	3.3	6:35	0.6	6:33	0.8	7:03	7:05	
18	Wed	1:12	3.8	1:43	3.2	7:36	0.8	7:38	1.0	7:02	7:06	
19	Thu	2:04	3.7	2:38	3.1	8:43	0.9	8:50	1.1	7:00	7:07	
20	Fri	3:00	3.6	3:37	3.2	9:44	0.8	9:54	1.0	6:58	7:08	
21	Sat	4:00	3.7	4:38	3.4	10:36	0.6	10:49	0.7	6:57	7:09	
22	Sun	4:59	3.8	5:31	3.7	11:22	0.4	11:37	0.5	6:55	7:10	
23	Mon	5:49	4.1	6:15	4.0			12:04	0.1	6:53	7:11	
24	Tue	6:32	4.3	6:54	4.3	12:23	0.2	12:45	0.0	6:52	7:12	
25	Wed	7:11	4.4	7:29	4.6	1:07	0.0	1:24	-0.2	6:50	7:13	
26	Thu	7:49	4.5	8:04	4.8	1:51	-0.2	2:03	-0.3	6:49	7:14	
27	Fri	8:27	4.5	8:40	4.9	2:35	-0.3	2:42	-0.3	6:47	7:15	
28	Sat	9:08	4.4	9:20	5.0	3:18	-0.4	3:21	-0.3	6:45	7:16	
29	Sun	9:52	4.2	10:05	5.0	4:01	-0.3	4:00	-0.2	6:44	7:17	
30	Mon	10:44	4.0	10:57	4.8	4:46	-0.2	4:42	-0.1	6:42	7:18	
31	Tue	11:42	3.9	11:58	4.7	5:37	0.0	5:31	0.1	6:40	7:19	