US HARBORS www.USHarbors.com

Seaside Heights, NJ - May 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	**12:55**	4.8	**1:41**	4.3	**7:34**	0.2	**7:45**	0.6	5:55	7:50	
2	Sat	**1:55**	4.6	**2:40**	4.4	**8:38**	0.2	**8:57**	0.6	5:54	7:51	
3	Sun	**2:55**	4.5	**3:40**	4.6	**9:38**	0.1	**10:02**	0.5	5:53	7:52	
4	Mon	**3:57**	4.4	**4:39**	4.8	**10:31**	0.0	**10:59**	0.3	5:52	7:53	
5	Tue	**4:57**	4.4	**5:33**	5.0	**11:19**	0.0	**11:51**	0.1	5:50	7:54	
6	Wed	**5:52**	4.4	**6:20**	5.2			**12:04**	0.0	5:49	7:55	
7	Thu	**6:40**	4.4	**7:03**	5.3	**12:39**	0.0	**12:47**	0.0	5:48	7:56	
8	Fri	**7:24**	4.4	**7:43**	5.3	**1:26**	0.0	**1:30**	0.1	5:47	7:57	
9	Sat	**8:06**	4.3	**8:22**	5.2	**2:11**	0.0	**2:12**	0.3	5:46	7:58	
10	Sun	**8:48**	4.2	**9:01**	5.0	**2:54**	0.0	**2:52**	0.4	5:45	7:59	
11	Mon	**9:31**	4.0	**9:41**	4.8	**3:34**	0.1	**3:31**	0.6	5:44	8:00	
12	Tue	**10:15**	3.9	**10:23**	4.6	**4:13**	0.2	**4:08**	0.8	5:43	8:01	
13	Wed	**11:03**	3.7	**11:07**	4.4	**4:51**	0.4	**4:45**	1.0	5:42	8:02	
14	Thu	**11:53**	3.7	**11:55**	4.2	**5:31**	0.6	**5:25**	1.2	5:41	8:03	
15	Fri			**12:42**	3.7	**6:15**	0.7	**6:14**	1.3	5:40	8:04	
16	Sat	**12:44**	4.1	**1:29**	3.7	**7:05**	0.8	**7:18**	1.4	5:39	8:05	
17	Sun	**1:31**	4.0	**2:14**	3.8	**8:01**	0.8	**8:29**	1.4	5:38	8:06	
18	Mon	**2:20**	3.9	**3:01**	4.0	**8:55**	0.8	**9:32**	1.2	5:37	8:07	
19	Tue	**3:13**	3.9	**3:52**	4.3	**9:45**	0.6	**10:28**	0.9	5:37	8:08	
20	Wed	**4:12**	4.0	**4:44**	4.6	**10:33**	0.5	**11:20**	0.6	5:36	8:09	
21	Thu	**5:10**	4.1	**5:35**	5.0	**11:19**	0.3			5:35	8:09	
22	Fri	**6:04**	4.2	**6:23**	5.4	**12:11**	0.2	**12:06**	0.1	5:34	8:10	
23	Sat	**6:55**	4.4	**7:10**	5.6	**1:02**	0.0	**12:56**	0.0	5:34	8:11	
24	Sun	**7:44**	4.5	**7:58**	5.7	**1:55**	-0.2	**1:48**	-0.1	5:33	8:12	
25	Mon	**8:36**	4.5	**8:48**	5.7	**2:47**	-0.4	**2:41**	-0.1	5:32	8:13	
26	Tue	**9:30**	4.5	**9:42**	5.6	**3:37**	-0.5	**3:33**	-0.1	5:32	8:14	
27	Wed	**10:28**	4.5	**10:40**	5.4	**4:27**	-0.4	**4:26**	0.0	5:31	8:14	
28	Thu	**11:29**	4.5	**11:41**	5.2	**5:18**	-0.3	**5:21**	0.2	5:31	8:15	
29	Fri			**12:29**	4.6	**6:12**	-0.1	**6:22**	0.4	5:30	8:16	
30	Sat	**12:41**	4.9	**1:26**	4.7	**7:10**	0.0	**7:30**	0.6	5:30	8:17	
31	Sun	**1:37**	4.7	**2:21**	4.8	**8:10**	0.1	**8:38**	0.7	5:29	8:18	