

































Seaside Heights, NJ - Jun 2009

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Mon | 2:32 | 4.4 | 3:15 | 4.8 | 9:07 | 0.2 | 9:42 | 0.6 | 5:29 | 8:18 |  |
| 2 | Tue | 3:29 | 4.2 | 4:10 | 4.9 | 9:59 | 0.2 | 10:38 | 0.5 | 5:28 | 8:19 |  |
| 3 | Wed | 4:27 | 4.1 | 5:04 | 5.0 | 10:47 | 0.3 | 11:29 | 0.4 | 5:28 | 8:20 |  |
| 4 | Thu | 5:24 | 4.0 | 5:53 | 5.1 | 11:33 | 0.3 | | | 5:28 | 8:20 |  |
| 5 | Fri | 6:15 | 4.0 | 6:37 | 5.1 | 12:17 | 0.3 | 12:16 | 0.4 | 5:27 | 8:21 |  |
| 6 | Sat | 7:01 | 4.1 | 7:18 | 5.1 | 1:03 | 0.3 | 1:00 | 0.5 | 5:27 | 8:22 |  |
| 7 | Sun | 7:44 | 4.1 | 7:58 | 5.1 | 1:48 | 0.2 | 1:43 | 0.6 | 5:27 | 8:22 |  |
| 8 | Mon | 8:26 | 4.0 | 8:37 | 5.0 | 2:32 | 0.2 | 2:26 | 0.6 | 5:27 | 8:23 |  |
| 9 | Tue | 9:08 | 4.0 | 9:16 | 4.8 | 3:12 | 0.2 | 3:07 | 0.7 | 5:27 | 8:23 |  |
| 10 | Wed | 9:51 | 3.9 | 9:55 | 4.7 | 3:51 | 0.3 | 3:46 | 0.8 | 5:26 | 8:24 |  |
| 11 | Thu | 10:35 | 3.9 | 10:35 | 4.5 | 4:27 | 0.4 | 4:24 | 1.0 | 5:26 | 8:24 |  |
| 12 | Fri | 11:20 | 3.8 | 11:18 | 4.3 | 5:03 | 0.5 | 5:01 | 1.1 | 5:26 | 8:25 |  |
| 13 | Sat | | | 12:05 | 3.9 | 5:39 | 0.6 | 5:43 | 1.2 | 5:26 | 8:25 |  |
| 14 | Sun | 12:02 | 4.2 | 12:48 | 4.0 | 6:19 | 0.6 | 6:35 | 1.3 | 5:26 | 8:26 |  |
| 15 | Mon | 12:47 | 4.1 | 1:30 | 4.1 | 7:04 | 0.7 | 7:40 | 1.3 | 5:26 | 8:26 |  |
| 16 | Tue | 1:35 | 4.0 | 2:14 | 4.3 | 7:56 | 0.7 | 8:49 | 1.2 | 5:26 | 8:26 |  |
| 17 | Wed | 2:26 | 3.9 | 3:03 | 4.6 | 8:51 | 0.6 | 9:53 | 0.9 | 5:26 | 8:27 |  |
| 18 | Thu | 3:25 | 3.9 | 3:59 | 4.8 | 9:47 | 0.5 | 10:51 | 0.6 | 5:27 | 8:27 |  |
| 19 | Fri | 4:31 | 3.9 | 4:59 | 5.1 | 10:42 | 0.3 | 11:46 | 0.3 | 5:27 | 8:27 |  |
| 20 | Sat | 5:35 | 4.1 | 5:56 | 5.5 | 11:36 | 0.2 | | | 5:27 | 8:28 |  |
| 21 | Sun | 6:33 | 4.3 | 6:51 | 5.7 | 12:41 | 0.0 | 12:32 | 0.0 | 5:27 | 8:28 |  |
| 22 | Mon | 7:27 | 4.5 | 7:43 | 5.9 | 1:36 | -0.2 | 1:29 | -0.1 | 5:27 | 8:28 |  |
| 23 | Tue | 8:21 | 4.7 | 8:36 | 5.9 | 2:30 | -0.4 | 2:26 | -0.2 | 5:28 | 8:28 |  |
| 24 | Wed | 9:17 | 4.8 | 9:30 | 5.7 | 3:21 | -0.6 | 3:22 | -0.2 | 5:28 | 8:28 |  |
| 25 | Thu | 10:14 | 4.9 | 10:26 | 5.5 | 4:10 | -0.6 | 4:15 | -0.1 | 5:28 | 8:28 |  |
| 26 | Fri | 11:12 | 4.9 | 11:23 | 5.2 | 4:59 | -0.5 | 5:08 | 0.1 | 5:29 | 8:28 |  |
| 27 | Sat | | | 12:09 | 4.9 | 5:48 | -0.3 | 6:05 | 0.3 | 5:29 | 8:28 |  |
| 28 | Sun | 12:19 | 4.9 | 1:03 | 4.9 | 6:40 | -0.1 | 7:07 | 0.6 | 5:29 | 8:28 |  |
| 29 | Mon | 1:13 | 4.6 | 1:55 | 4.9 | 7:36 | 0.1 | 8:13 | 0.7 | 5:30 | 8:28 |  |
| 30 | Tue | 2:06 | 4.3 | 2:46 | 4.9 | 8:31 | 0.3 | 9:16 | 0.8 | 5:30 | 8:28 |  |