US HARBORS www.USHarbors.com

Seaside Heights, NJ - Nov 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	**5:37**	5.1	**6:00**	4.5	**12:23**	0.2	**12:05**	0.2	6:25	4:53	
2	Mon	**6:14**	5.3	**6:41**	4.5	**12:04**	0.1	**12:51**	0.1	6:26	4:52	
3	Tue	**6:53**	5.4	**7:24**	4.5	**12:47**	0.1	**1:38**	0.0	6:27	4:51	
4	Wed	**7:35**	5.5	**8:10**	4.4	**1:32**	0.1	**2:25**	-0.1	6:28	4:50	
5	Thu	**8:21**	5.4	**9:02**	4.3	**2:17**	0.1	**3:12**	0.0	6:30	4:49	
6	Fri	**9:14**	5.3	**10:02**	4.2	**3:04**	0.2	**4:01**	0.1	6:31	4:48	
7	Sat	**10:15**	5.1	**11:06**	4.2	**3:55**	0.3	**4:56**	0.2	6:32	4:47	
8	Sun	**11:20**	4.9			**4:54**	0.5	**5:58**	0.3	6:33	4:46	
9	Mon	**12:09**	4.2	**12:23**	4.7	**6:05**	0.7	**7:04**	0.3	6:34	4:45	
10	Tue	**1:09**	4.4	**1:23**	4.6	**7:21**	0.7	**8:06**	0.2	6:35	4:44	
11	Wed	**2:08**	4.6	**2:24**	4.5	**8:30**	0.5	**9:02**	0.1	6:36	4:43	
12	Thu	**3:07**	4.8	**3:25**	4.5	**9:30**	0.3	**9:52**	-0.1	6:38	4:42	
13	Fri	**4:04**	5.0	**4:23**	4.5	**10:25**	0.1	**10:39**	-0.1	6:39	4:41	
14	Sat	**4:55**	5.2	**5:15**	4.5	**11:15**	0.0	**11:24**	-0.1	6:40	4:40	
15	Sun	**5:41**	5.4	**6:02**	4.5			**12:03**	-0.1	6:41	4:40	
16	Mon	**6:24**	5.4	**6:46**	4.4	**12:09**	0.0	**12:50**	-0.1	6:42	4:39	
17	Tue	**7:05**	5.3	**7:29**	4.3	**12:53**	0.1	**1:36**	-0.1	6:43	4:38	
18	Wed	**7:46**	5.1	**8:12**	4.1	**1:35**	0.2	**2:18**	0.0	6:44	4:37	
19	Thu	**8:27**	4.9	**8:57**	3.9	**2:16**	0.4	**2:59**	0.1	6:46	4:37	
20	Fri	**9:10**	4.6	**9:45**	3.7	**2:55**	0.6	**3:38**	0.3	6:47	4:36	
21	Sat	**9:56**	4.4	**10:36**	3.6	**3:34**	0.8	**4:18**	0.5	6:48	4:35	
22	Sun	**10:44**	4.2	**11:27**	3.6	**4:14**	1.0	**5:01**	0.7	6:49	4:35	
23	Mon	**11:34**	4.0			**5:01**	1.2	**5:50**	0.8	6:50	4:34	
24	Tue	**12:15**	3.6	**12:22**	3.9	**6:01**	1.3	**6:44**	0.8	6:51	4:34	
25	Wed	**1:02**	3.7	**1:09**	3.8	**7:11**	1.3	**7:38**	0.7	6:52	4:33	
26	Thu	**1:48**	3.8	**1:59**	3.7	**8:15**	1.1	**8:29**	0.6	6:53	4:33	
27	Fri	**2:36**	4.0	**2:54**	3.8	**9:11**	0.9	**9:16**	0.5	6:54	4:32	
28	Sat	**3:27**	4.3	**3:51**	3.8	**10:02**	0.6	**10:01**	0.3	6:55	4:32	
29	Sun	**4:17**	4.6	**4:44**	4.0	**10:51**	0.3	**10:47**	0.1	6:56	4:32	
30	Mon	**5:03**	5.0	**5:33**	4.1	**11:40**	0.0	**11:33**	-0.1	6:57	4:31	