US HARBORS www.USHarbors.com

Seaside Heights, NJ - Sep 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	12:41	3.8	12:59	4.6	6:22	1.0	7:52	1.2	6:24	7:28	
2	Thu	1:40	3.7	1:59	4.7	7:33	1.0	9:06	1.1	6:25	7:26	
3	Fri	2:43	3.8	3:04	4.8	8:54	0.9	10:10	0.8	6:25	7:24	
4	Sat	3:51	4.0	4:14	5.0	10:05	0.7	11:05	0.4	6:26	7:23	
5	Sun	4:58	4.4	5:19	5.3	11:07	0.3	11:57	0.0	6:27	7:21	
6	Mon	5:57	4.8	6:16	5.5			12:04	0.0	6:28	7:20	
7	Tue	6:50	5.3	7:07	5.7	12:47	-0.3	1:00	-0.3	6:29	7:18	
8	Wed	7:40	5.6	7:57	5.7	1:36	-0.5	1:55	-0.4	6:30	7:16	
9	Thu	8:29	5.8	8:46	5.6	2:24	-0.7	2:48	-0.5	6:31	7:15	
10	Fri	9:18	5.8	9:37	5.3	3:11	-0.6	3:39	-0.4	6:32	7:13	
11	Sat	10:09	5.7	10:30	5.0	3:57	-0.5	4:29	-0.2	6:33	7:11	
12	Sun	11:03	5.5	11:27	4.6	4:42	-0.1	5:20	0.1	6:34	7:10	
13	Mon	11:59	5.2			5:30	0.3	6:15	0.5	6:35	7:08	
14	Tue	12:25	4.3	12:55	4.9	6:24	0.7	7:18	0.8	6:36	7:07	
15	Wed	1:23	4.1	1:50	4.7	7:27	1.0	8:25	1.0	6:37	7:05	
16	Thu	2:19	3.9	2:46	4.5	8:34	1.2	9:28	1.0	6:38	7:03	
17	Fri	3:17	3.9	3:43	4.5	9:37	1.2	10:22	0.9	6:39	7:02	
18	Sat	4:17	4.0	4:40	4.5	10:32	1.1	11:08	0.8	6:40	7:00	
19	Sun	5:12	4.1	5:32	4.6	11:20	0.9	11:49	0.6	6:40	6:58	
20	Mon	5:59	4.4	6:16	4.7			12:04	0.8	6:41	6:57	
21	Tue	6:40	4.6	6:56	4.8	12:28	0.5	12:47	0.6	6:42	6:55	
22	Wed	7:17	4.8	7:33	4.8	1:06	0.4	1:29	0.5	6:43	6:53	
23	Thu	7:51	4.9	8:08	4.7	1:43	0.3	2:10	0.5	6:44	6:52	
24	Fri	8:24	4.9	8:42	4.6	2:20	0.3	2:50	0.5	6:45	6:50	
25	Sat	8:54	4.9	9:16	4.4	2:54	0.4	3:28	0.5	6:46	6:48	
26	Sun	9:24	4.9	9:51	4.2	3:27	0.5	4:04	0.6	6:47	6:47	
27	Mon	9:57	4.8	10:32	4.0	3:58	0.6	4:41	0.7	6:48	6:45	
28	Tue	10:38	4.8	11:23	3.9	4:31	0.7	5:23	0.9	6:49	6:43	
29	Wed	11:32	4.7			5:09	0.9	6:16	1.0	6:50	6:42	
30	Thu	12:23	3.8	12:34	4.7	6:00	1.0	7:26	1.1	6:51	6:40	