US HARBORS www.USHarbors.com

Seaside Heights, NJ - Oct 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	1:25	3.9	1:39	4.7	7:15	1.1	8:40	0.9	6:52	6:39	
2	Sat	2:28	4.0	2:44	4.8	8:39	1.0	9:43	0.7	6:53	6:37	
3	Sun	3:33	4.3	3:52	4.9	9:51	0.7	10:39	0.3	6:54	6:35	
4	Mon	4:37	4.7	4:57	5.1	10:53	0.3	11:30	-0.1	6:55	6:34	
5	Tue	5:36	5.2	5:55	5.3	11:50	0.0			6:56	6:32	
6	Wed	6:28	5.6	6:47	5.4	12:19	-0.3	12:44	-0.3	6:57	6:30	
7	Thu	7:18	5.9	7:37	5.4	1:08	-0.5	1:38	-0.4	6:58	6:29	
8	Fri	8:05	6.0	8:26	5.3	1:56	-0.5	2:30	-0.5	6:59	6:27	
9	Sat	8:53	5.9	9:16	5.1	2:44	-0.4	3:20	-0.4	7:00	6:26	
10	Sun	9:42	5.7	10:08	4.8	3:31	-0.2	4:09	-0.2	7:01	6:24	
11	Mon	10:34	5.4	11:03	4.4	4:16	0.1	4:57	0.1	7:02	6:23	
12	Tue	11:29	5.1			5:03	0.5	5:48	0.5	7:03	6:21	
13	Wed	12:02	4.2	12:25	4.8	5:53	0.9	6:46	0.8	7:04	6:20	
14	Thu	12:59	4.0	1:20	4.5	6:53	1.2	7:49	1.0	7:05	6:18	
15	Fri	1:54	3.9	2:13	4.4	8:01	1.3	8:50	1.0	7:06	6:17	
16	Sat	2:48	3.9	3:07	4.3	9:06	1.3	9:43	0.9	7:07	6:15	
17	Sun	3:43	4.0	4:02	4.2	10:03	1.2	10:29	0.8	7:08	6:14	
18	Mon	4:36	4.2	4:54	4.3	10:52	1.0	11:11	0.6	7:09	6:12	
19	Tue	5:25	4.4	5:42	4.4	11:37	0.8	11:50	0.5	7:10	6:11	
20	Wed	6:07	4.7	6:24	4.5			12:20	0.6	7:11	6:09	
21	Thu	6:44	4.9	7:03	4.5	12:28	0.4	1:02	0.5	7:13	6:08	
22	Fri	7:19	5.0	7:40	4.5	1:06	0.4	1:45	0.4	7:14	6:07	
23	Sat	7:51	5.1	8:16	4.4	1:44	0.4	2:26	0.3	7:15	6:05	
24	Sun	8:23	5.1	8:53	4.3	2:22	0.4	3:07	0.3	7:16	6:04	
25	Mon	8:56	5.1	9:32	4.1	2:59	0.4	3:47	0.4	7:17	6:02	
26	Tue	9:33	5.0	10:17	4.0	3:36	0.5	4:27	0.4	7:18	6:01	
27	Wed	10:19	4.9	11:11	3.9	4:14	0.6	5:11	0.6	7:19	6:00	
28	Thu	11:15	4.8			4:58	0.7	6:02	0.7	7:20	5:59	
29	Fri	12:13	3.9	12:20	4.7	5:53	0.8	7:05	0.7	7:21	5:57	
30	Sat	1:14	4.0	1:24	4.7	7:06	0.9	8:13	0.6	7:22	5:56	
31	Sun	2:14	4.3	2:26	4.7	8:26	0.8	9:15	0.4	7:24	5:55	