US HARBORS www.USHarbors.com

Seaside Heights, NJ - Jul 2012

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	5:34	4.4	6:05	5.7	11:46	-0.1			5:31	8:28	
2	Mon	6:34	4.6	7:00	5.8	12:37	-0.2	12:42	-0.2	5:32	8:28	
3	Tue	7:29	4.8	7:52	5.8	1:32	-0.4	1:39	-0.2	5:32	8:28	
4	Wed	8:22	4.9	8:42	5.7	2:25	-0.5	2:33	-0.2	5:33	8:28	
5	Thu	9:15	4.9	9:32	5.5	3:14	-0.6	3:25	-0.1	5:33	8:27	
6	Fri	10:07	4.8	10:22	5.2	4:00	-0.5	4:13	0.1	5:34	8:27	
7	Sat	10:59	4.7	11:13	4.9	4:44	-0.3	5:01	0.4	5:34	8:27	
8	Sun	11:51	4.6			5:27	-0.1	5:50	0.6	5:35	8:27	
9	Mon	12:03	4.6	12:40	4.6	6:11	0.2	6:43	0.9	5:36	8:26	
10	Tue	12:53	4.3	1:26	4.5	6:57	0.5	7:42	1.1	5:36	8:26	
11	Wed	1:40	4.1	2:12	4.4	7:47	0.7	8:42	1.1	5:37	8:25	
12	Thu	2:28	3.9	2:58	4.4	8:39	0.8	9:39	1.1	5:38	8:25	
13	Fri	3:20	3.7	3:49	4.4	9:31	0.9	10:32	1.0	5:39	8:24	
14	Sat	4:17	3.7	4:42	4.5	10:21	0.8	11:20	0.8	5:39	8:24	
15	Sun	5:14	3.8	5:33	4.7	11:09	0.8			5:40	8:23	
16	Mon	6:05	3.9	6:18	4.8	12:06	0.6	11:56 AM	0.7	5:41	8:23	
17	Tue	6:51	4.1	6:59	5.0	12:51	0.4	12:42	0.6	5:42	8:22	
18	Wed	7:33	4.2	7:38	5.1	1:35	0.3	1:28	0.5	5:42	8:21	
19	Thu	8:13	4.3	8:15	5.1	2:18	0.1	2:13	0.4	5:43	8:21	
20	Fri	8:52	4.4	8:52	5.1	2:58	0.0	2:56	0.4	5:44	8:20	
21	Sat	9:32	4.5	9:32	5.0	3:36	0.0	3:39	0.3	5:45	8:19	
22	Sun	10:15	4.6	10:16	4.9	4:13	0.0	4:22	0.3	5:46	8:18	
23	Mon	11:02	4.7	11:06	4.7	4:50	0.0	5:07	0.4	5:47	8:18	
24	Tue	11:54	4.8			5:30	0.1	6:00	0.5	5:48	8:17	
25	Wed	12:01	4.5	12:48	4.9	6:17	0.2	7:03	0.7	5:48	8:16	
26	Thu	1:00	4.4	1:44	5.0	7:16	0.3	8:15	0.7	5:49	8:15	
27	Fri	1:59	4.2	2:42	5.1	8:23	0.4	9:25	0.6	5:50	8:14	
28	Sat	3:03	4.2	3:45	5.2	9:31	0.3	10:28	0.4	5:51	8:13	
29	Sun	4:13	4.2	4:50	5.3	10:34	0.2	11:27	0.1	5:52	8:12	
30	Mon	5:21	4.4	5:51	5.5	11:33	0.1			5:53	8:11	
31	Tue	6:21	4.6	6:45	5.6	12:21	-0.1	12:29	0.0	5:54	8:10	