US HARBORS www.USHarbors.com

Seaside Heights, NJ - Mar 2013

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	9:22	4.3	9:54	4.6	3:29	-0.5	3:42	-0.5	6:28	5:48	
2	Sat	10:15	4.1	10:49	4.6	4:15	-0.3	4:25	-0.3	6:27	5:49	
3	Sun	11:14	3.9	11:49	4.5	5:09	-0.1	5:18	-0.1	6:25	5:50	
4	Mon			12:16	3.8	6:16	0.1	6:27	0.1	6:24	5:51	
5	Tue	12:50	4.4	1:19	3.7	7:29	0.1	7:44	0.1	6:22	5:52	
6	Wed	1:54	4.4	2:27	3.8	8:38	0.0	8:55	0.0	6:21	5:53	
7	Thu	3:01	4.4	3:36	4.0	9:40	-0.2	9:57	-0.2	6:19	5:54	
8	Fri	4:07	4.6	4:39	4.2	10:35	-0.4	10:54	-0.4	6:17	5:55	
9	Sat	5:05	4.8	5:33	4.5	11:26	-0.6	11:47	-0.6	6:16	5:56	
10	Sun	6:56	4.9	7:21	4.8			1:14	-0.8	7:14	6:57	
11	Mon	7:42	4.9	8:05	4.9	1:37	-0.7	2:00	-0.8	7:13	6:58	
12	Tue	8:26	4.8	8:48	4.9	2:25	-0.7	2:43	-0.8	7:11	6:59	
13	Wed	9:09	4.7	9:29	4.8	3:09	-0.6	3:23	-0.6	7:10	7:01	
14	Thu	9:53	4.4	10:11	4.6	3:51	-0.5	4:00	-0.4	7:08	7:02	
15	Fri	10:37	4.1	10:53	4.3	4:31	-0.2	4:36	-0.1	7:06	7:03	
16	Sat	11:23	3.9	11:38	4.1	5:11	0.1	5:12	0.2	7:05	7:04	
17	Sun			12:12	3.6	5:54	0.4	5:51	0.5	7:03	7:05	
18	Mon	12:24	3.9	1:02	3.5	6:44	0.6	6:40	0.7	7:01	7:06	
19	Tue	1:12	3.8	1:52	3.3	7:45	0.8	7:43	0.9	7:00	7:07	
20	Wed	2:02	3.7	2:45	3.3	8:50	0.8	8:51	0.9	6:58	7:08	
21	Thu	2:56	3.7	3:43	3.4	9:49	0.7	9:53	0.8	6:57	7:09	
22	Fri	3:56	3.7	4:40	3.6	10:40	0.5	10:48	0.6	6:55	7:10	
23	Sat	4:55	3.9	5:32	3.9	11:26	0.3	11:37	0.3	6:53	7:11	
24	Sun	5:46	4.1	6:17	4.2			12:10	0.0	6:52	7:12	
25	Mon	6:31	4.4	6:58	4.6	12:24	0.0	12:52	-0.2	6:50	7:13	
26	Tue	7:13	4.6	7:38	4.9	1:11	-0.3	1:34	-0.4	6:48	7:14	
27	Wed	7:54	4.7	8:17	5.1	1:58	-0.5	2:17	-0.5	6:47	7:15	
28	Thu	8:36	4.7	9:00	5.2	2:45	-0.6	2:59	-0.5	6:45	7:16	
29	Fri	9:21	4.6	9:46	5.2	3:31	-0.7	3:41	-0.5	6:44	7:17	
30	Sat	10:11	4.5	10:37	5.1	4:17	-0.6	4:25	-0.4	6:42	7:18	
31	Sun	11:07	4.3	11:35	4.9	5:05	-0.4	5:13	-0.2	6:40	7:19	