





























Seaside Heights, NJ - Jul 2013

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	2:24	4.3	2:59	4.7	8:44	0.4	9:35	0.8	5:31	8:28	
2	Tue	3:17	4.1	3:51	4.7	9:36	0.5	10:30	0.8	5:31	8:28	
3	Wed	4:14	3.9	4:44	4.7	10:25	0.6	11:19	0.7	5:32	8:28	
4	Thu	5:10	3.9	5:34	4.8	11:11	0.6			5:32	8:28	
5	Fri	6:01	4.0	6:19	4.9	12:05	0.5	11:56 AM	0.6	5:33	8:28	
6	Sat	6:48	4.1	7:01	4.9	12:49	0.4	12:40	0.6	5:34	8:27	
7	Sun	7:31	4.2	7:39	5.0	1:32	0.3	1:24	0.5	5:34	8:27	
8	Mon	8:12	4.2	8:16	4.9	2:15	0.2	2:08	0.5	5:35	8:27	
9	Tue	8:52	4.2	8:51	4.9	2:54	0.2	2:50	0.6	5:36	8:26	
10	Wed	9:31	4.2	9:25	4.8	3:32	0.2	3:29	0.6	5:36	8:26	
11	Thu	10:10	4.2	10:00	4.6	4:06	0.2	4:07	0.7	5:37	8:25	
12	Fri	10:50	4.2	10:38	4.5	4:39	0.3	4:44	0.7	5:38	8:25	
13	Sat	11:32	4.3	11:23	4.4	5:12	0.4	5:25	0.8	5:38	8:24	
14	Sun			12:17	4.4	5:48	0.4	6:14	0.9	5:39	8:24	
15	Mon	12:14	4.3	1:05	4.6	6:32	0.5	7:18	0.9	5:40	8:23	
16	Tue	1:10	4.2	1:57	4.8	7:29	0.5	8:31	0.9	5:41	8:23	
17	Wed	2:08	4.1	2:53	5.0	8:36	0.5	9:39	0.6	5:41	8:22	
18	Thu	3:13	4.1	3:57	5.2	9:43	0.4	10:42	0.3	5:42	8:22	
19	Fri	4:24	4.2	5:02	5.4	10:45	0.2	11:40	0.0	5:43	8:21	
20	Sat	5:32	4.4	6:03	5.7	11:44	-0.1			5:44	8:20	
21	Sun	6:32	4.7	6:58	5.9	12:35	-0.3	12:42	-0.2	5:45	8:19	
22	Mon	7:28	5.0	7:50	6.0	1:30	-0.5	1:40	-0.3	5:46	8:19	
23	Tue	8:21	5.1	8:42	5.9	2:22	-0.7	2:35	-0.4	5:46	8:18	
24	Wed	9:14	5.2	9:33	5.7	3:12	-0.8	3:28	-0.3	5:47	8:17	
25	Thu	10:07	5.2	10:26	5.4	3:59	-0.7	4:18	-0.2	5:48	8:16	
26	Fri	11:01	5.1	11:19	5.1	4:45	-0.5	5:08	0.1	5:49	8:15	
27	Sat	11:54	5.0			5:30	-0.2	6:01	0.4	5:50	8:14	
28	Sun	12:12	4.7	12:46	4.8	6:17	0.1	6:58	0.7	5:51	8:13	
29	Mon	1:03	4.4	1:35	4.7	7:08	0.4	8:00	0.9	5:52	8:12	
30	Tue	1:54	4.1	2:23	4.6	8:03	0.7	9:01	1.0	5:53	8:11	
31	Wed	2:45	3.9	3:14	4.5	8:58	0.8	9:58	1.0	5:54	8:10	