US HARBORS www.USHarbors.com

Seaside Heights, NJ - Jan 2014

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	6:42	5.6	7:09	4.6	12:30	-0.8	1:16	-1.1	7:17	4:41	
2	Thu	7:33	5.6	8:03	4.7	1:24	-0.9	2:07	-1.2	7:17	4:42	
3	Fri	8:25	5.5	8:57	4.7	2:18	-1.0	2:56	-1.3	7:17	4:43	
4	Sat	9:19	5.2	9:54	4.6	3:09	-0.8	3:44	-1.1	7:17	4:44	
5	Sun	10:15	4.9	10:52	4.5	4:01	-0.6	4:33	-0.9	7:17	4:45	
6	Mon	11:11	4.6	11:48	4.4	4:57	-0.3	5:25	-0.6	7:17	4:46	
7	Tue			12:07	4.3	5:58	0.0	6:22	-0.3	7:17	4:47	
8	Wed	12:42	4.3	1:01	4.0	7:04	0.2	7:20	-0.1	7:17	4:48	
9	Thu	1:35	4.2	1:55	3.7	8:09	0.3	8:18	0.0	7:17	4:49	
10	Fri	2:30	4.1	2:53	3.5	9:09	0.3	9:11	0.1	7:17	4:50	
11	Sat	3:26	4.1	3:52	3.5	10:02	0.2	10:00	0.1	7:17	4:51	
12	Sun	4:20	4.2	4:46	3.6	10:50	0.0	10:46	0.0	7:16	4:52	
13	Mon	5:08	4.3	5:34	3.7	11:35	-0.1	11:30	0.0	7:16	4:53	
14	Tue	5:51	4.4	6:17	3.8			12:18	-0.2	7:16	4:54	
15	Wed	6:31	4.4	6:58	3.9	12:14	-0.1	1:00	-0.3	7:15	4:55	
16	Thu	7:08	4.4	7:37	3.9	12:57	-0.1	1:40	-0.3	7:15	4:56	
17	Fri	7:43	4.4	8:15	3.9	1:38	-0.1	2:17	-0.3	7:14	4:57	
18	Sat	8:17	4.3	8:53	3.8	2:17	-0.1	2:51	-0.3	7:14	4:58	
19	Sun	8:50	4.1	9:30	3.7	2:53	0.0	3:24	-0.2	7:13	4:59	
20	Mon	9:24	4.0	10:08	3.7	3:29	0.1	3:55	-0.1	7:13	5:01	
21	Tue	10:03	3.8	10:50	3.8	4:05	0.2	4:27	0.0	7:12	5:02	
22	Wed	10:49	3.7	11:36	3.8	4:47	0.3	5:04	0.1	7:12	5:03	
23	Thu	11:42	3.6			5:41	0.4	5:55	0.2	7:11	5:04	
24	Fri	12:27	4.0	12:39	3.5	6:53	0.5	7:03	0.2	7:10	5:05	
25	Sat	1:23	4.1	1:42	3.5	8:07	0.3	8:15	0.1	7:10	5:06	
26	Sun	2:26	4.3	2:52	3.6	9:14	0.0	9:21	-0.2	7:09	5:08	
27	Mon	3:33	4.5	4:03	3.8	10:14	-0.3	10:21	-0.5	7:08	5:09	
28	Tue	4:37	4.9	5:06	4.1	11:09	-0.7	11:18	-0.8	7:07	5:10	
29	Wed	5:34	5.2	6:02	4.4			12:03	-1.0	7:06	5:11	
30	Thu	6:27	5.4	6:54	4.7	12:15	-1.0	12:56	-1.2	7:06	5:12	
31	Fri	7:18	5.4	7:46	4.8	1:10	-1.1	1:46	-1.4	7:05	5:14	