US HARBORS www.USHarbors.com

Seaside Heights, NJ - Mar 2015

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:03	4.0	4:33	3.7	10:33	0.1	10:37	0.1	6:29	5:47	
2	Mon	4:55	4.1	5:22	3.9	11:18	0.0	11:22	0.0	6:27	5:48	
3	Tue	5:39	4.2	6:04	4.1	11:59	-0.2			6:26	5:49	
4	Wed	6:19	4.3	6:43	4.2	12:06	-0.1	12:39	-0.2	6:24	5:50	
5	Thu	6:56	4.4	7:20	4.3	12:49	-0.2	1:18	-0.3	6:23	5:51	
6	Fri	7:32	4.3	7:56	4.3	1:29	-0.2	1:54	-0.3	6:21	5:53	
7	Sat	8:06	4.2	8:30	4.3	2:08	-0.2	2:28	-0.2	6:20	5:54	
8	Sun	9:39	4.1	10:03	4.2	3:44	-0.2	3:59	-0.1	7:18	6:55	
9	Mon	10:12	3.9	10:37	4.1	4:19	0.0	4:29	0.0	7:17	6:56	
10	Tue	10:49	3.7	11:15	4.1	4:54	0.1	4:58	0.2	7:15	6:57	
11	Wed	11:33	3.6			5:33	0.3	5:32	0.3	7:13	6:58	
12	Thu	12:01	4.1	12:25	3.5	6:21	0.4	6:19	0.5	7:12	6:59	
13	Fri	12:55	4.1	1:24	3.5	7:28	0.5	7:30	0.5	7:10	7:00	
14	Sat	1:54	4.1	2:26	3.6	8:43	0.4	8:53	0.4	7:09	7:01	
15	Sun	2:59	4.2	3:35	3.7	9:51	0.2	10:05	0.2	7:07	7:02	
16	Mon	4:08	4.4	4:44	4.1	10:50	-0.1	11:07	-0.2	7:05	7:03	
17	Tue	5:15	4.7	5:46	4.5	11:44	-0.5			7:04	7:04	
18	Wed	6:14	5.0	6:41	4.9	12:04	-0.5	12:36	-0.8	7:02	7:05	
19	Thu	7:06	5.3	7:32	5.3	1:00	-0.8	1:27	-1.1	7:01	7:06	
20	Fri	7:57	5.4	8:21	5.4	1:54	-1.0	2:17	-1.2	6:59	7:07	
21	Sat	8:47	5.3	9:11	5.4	2:47	-1.1	3:06	-1.2	6:57	7:08	
22	Sun	9:38	5.1	10:01	5.3	3:37	-1.1	3:52	-1.0	6:56	7:09	
23	Mon	10:31	4.8	10:54	5.1	4:26	-0.9	4:38	-0.7	6:54	7:10	
24	Tue	11:26	4.5	11:48	4.8	5:16	-0.5	5:25	-0.3	6:53	7:11	
25	Wed			12:22	4.2	6:09	-0.2	6:17	0.1	6:51	7:12	
26	Thu	12:43	4.5	1:18	4.0	7:09	0.2	7:17	0.5	6:49	7:13	
27	Fri	1:37	4.2	2:13	3.8	8:14	0.4	8:21	0.7	6:48	7:14	
28	Sat	2:32	4.0	3:08	3.7	9:16	0.5	9:24	0.7	6:46	7:15	
29	Sun	3:28	3.9	4:06	3.7	10:11	0.5	10:21	0.6	6:44	7:16	
30	Mon	4:27	3.9	5:02	3.9	11:00	0.4	11:10	0.5	6:43	7:17	
31	Tue	5:22	4.0	5:52	4.1	11:43	0.2	11:56	0.3	6:41	7:18	