US HARBORS www.USHarbors.com

Seaside Heights, NJ - Jan 2016

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	12:09	3.7	12:13	3.6	6:00	0.7	6:33	0.4	7:17	4:41	
2	Sat	12:55	3.7	1:00	3.5	7:01	0.8	7:26	0.5	7:17	4:42	
3	Sun	1:42	3.7	1:50	3.4	8:03	0.8	8:19	0.4	7:17	4:43	
4	Mon	2:32	3.8	2:45	3.3	9:00	0.6	9:10	0.3	7:17	4:43	
5	Tue	3:25	4.0	3:43	3.3	9:52	0.4	9:57	0.2	7:17	4:44	
6	Wed	4:16	4.2	4:37	3.5	10:40	0.2	10:43	0.1	7:17	4:45	
7	Thu	5:02	4.4	5:24	3.7	11:26	-0.1	11:28	-0.1	7:17	4:46	
8	Fri	5:45	4.6	6:08	3.8			12:13	-0.3	7:17	4:47	
9	Sat	6:26	4.8	6:50	4.0	12:14	-0.2	12:59	-0.5	7:17	4:48	
10	Sun	7:07	5.0	7:32	4.1	1:00	-0.4	1:43	-0.7	7:17	4:49	
11	Mon	7:49	5.0	8:17	4.2	1:46	-0.5	2:27	-0.8	7:17	4:50	
12	Tue	8:35	5.0	9:05	4.2	2:32	-0.5	3:09	-0.8	7:16	4:51	
13	Wed	9:24	4.8	9:58	4.2	3:18	-0.5	3:53	-0.8	7:16	4:52	
14	Thu	10:19	4.6	10:55	4.3	4:07	-0.4	4:39	-0.7	7:16	4:53	
15	Fri	11:16	4.4	11:52	4.3	5:03	-0.2	5:32	-0.5	7:15	4:54	
16	Sat			12:14	4.2	6:09	0.0	6:32	-0.4	7:15	4:56	
17	Sun	12:50	4.4	1:13	4.0	7:20	0.1	7:37	-0.3	7:15	4:57	
18	Mon	1:48	4.4	2:14	3.9	8:30	0.0	8:39	-0.3	7:14	4:58	
19	Tue	2:50	4.4	3:20	3.8	9:33	-0.1	9:38	-0.4	7:14	4:59	
20	Wed	3:54	4.5	4:24	3.9	10:30	-0.3	10:33	-0.5	7:13	5:00	
21	Thu	4:52	4.7	5:20	4.0	11:23	-0.5	11:24	-0.5	7:13	5:01	
22	Fri	5:43	4.8	6:11	4.2			12:13	-0.6	7:12	5:02	
23	Sat	6:30	4.8	6:57	4.2	12:14	-0.5	1:01	-0.7	7:11	5:03	
24	Sun	7:13	4.8	7:42	4.2	1:02	-0.5	1:45	-0.7	7:11	5:05	
25	Mon	7:55	4.7	8:26	4.1	1:48	-0.5	2:26	-0.7	7:10	5:06	
26	Tue	8:37	4.5	9:09	4.0	2:30	-0.4	3:04	-0.5	7:09	5:07	
27	Wed	9:18	4.2	9:54	3.9	3:09	-0.2	3:40	-0.4	7:08	5:08	
28	Thu	10:00	4.0	10:38	3.8	3:48	0.0	4:15	-0.1	7:08	5:09	
29	Fri	10:44	3.7	11:23	3.7	4:28	0.2	4:52	0.1	7:07	5:11	
30	Sat	11:29	3.5			5:13	0.5	5:33	0.3	7:06	5:12	
31	Sun	12:08	3.7	12:15	3.3	6:07	0.6	6:23	0.4	7:05	5:13	