US HARBORS www.USHarbors.com

Seaside Heights, NJ - Mar 2016

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	12:02	3.7	12:20	3.3	6:18	0.7	6:20	0.7	6:28	5:48	
2	Wed	12:49	3.7	1:13	3.2	7:27	0.7	7:32	0.7	6:26	5:49	
3	Thu	1:43	3.8	2:13	3.3	8:33	0.5	8:41	0.5	6:25	5:50	
4	Fri	2:45	3.9	3:19	3.4	9:32	0.3	9:40	0.3	6:23	5:51	
5	Sat	3:49	4.2	4:21	3.8	10:24	0.0	10:35	-0.1	6:22	5:52	
6	Sun	4:47	4.6	5:14	4.2	11:14	-0.4	11:28	-0.4	6:20	5:53	
7	Mon	5:38	4.9	6:03	4.6			12:03	-0.7	6:19	5:54	
8	Tue	6:26	5.1	6:50	4.9	12:20	-0.7	12:51	-1.0	6:17	5:56	
9	Wed	7:14	5.2	7:37	5.1	1:12	-0.9	1:38	-1.1	6:15	5:57	
10	Thu	8:03	5.2	8:26	5.2	2:03	-1.1	2:25	-1.2	6:14	5:58	
11	Fri	8:54	5.0	9:18	5.2	2:53	-1.0	3:10	-1.1	6:12	5:59	
12	Sat	9:48	4.8	10:14	5.0	3:43	-0.9	3:57	-0.8	6:11	6:00	
13	Sun	11:46	4.5			5:35	-0.6	5:48	-0.5	7:09	7:01	
14	Mon	12:11	4.8	12:45	4.2	6:35	-0.2	6:46	-0.1	7:07	7:02	
15	Tue	1:10	4.6	1:43	4.0	7:42	0.0	7:52	0.1	7:06	7:03	
16	Wed	2:08	4.4	2:43	3.9	8:50	0.2	9:00	0.3	7:04	7:04	
17	Thu	3:08	4.2	3:45	3.8	9:54	0.2	10:03	0.3	7:03	7:05	
18	Fri	4:11	4.1	4:47	3.9	10:50	0.1	10:59	0.2	7:01	7:06	
19	Sat	5:12	4.2	5:43	4.1	11:39	0.0	11:49	0.1	6:59	7:07	
20	Sun	6:04	4.3	6:30	4.3			12:24	-0.1	6:58	7:08	
21	Mon	6:48	4.4	7:12	4.5	12:35	0.0	1:06	-0.2	6:56	7:09	
22	Tue	7:28	4.5	7:51	4.6	1:19	-0.1	1:46	-0.2	6:55	7:10	
23	Wed	8:06	4.4	8:28	4.6	2:02	-0.2	2:24	-0.2	6:53	7:11	
24	Thu	8:43	4.4	9:04	4.6	2:42	-0.2	3:00	-0.1	6:51	7:12	
25	Fri	9:19	4.2	9:39	4.5	3:20	-0.2	3:34	0.0	6:50	7:13	
26	Sat	9:55	4.0	10:14	4.3	3:57	-0.1	4:05	0.1	6:48	7:14	
27	Sun	10:32	3.8	10:49	4.2	4:32	0.1	4:36	0.3	6:46	7:15	
28	Mon	11:11	3.7	11:28	4.1	5:08	0.3	5:06	0.5	6:45	7:16	
29	Tue	11:56	3.5			5:47	0.5	5:41	0.7	6:43	7:17	
30	Wed	12:14	4.0	12:47	3.5	6:37	0.6	6:31	0.8	6:42	7:18	
31	Thu	1:06	4.0	1:41	3.5	7:43	0.7	7:46	0.9	6:40	7:19	