US HARBORS www.USHarbors.com

Seaside Heights, NJ - May 2016

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	2:34	4.4	3:15	4.3	9:19	0.3	9:48	0.6	5:55	7:51	
2	Mon	3:39	4.5	4:18	4.6	10:17	0.1	10:49	0.2	5:54	7:52	
3	Tue	4:45	4.7	5:19	5.1	11:11	-0.2	11:46	-0.2	5:52	7:53	
4	Wed	5:46	4.9	6:14	5.5			12:02	-0.5	5:51	7:54	
5	Thu	6:41	5.1	7:05	5.8	12:42	-0.5	12:54	-0.6	5:50	7:55	
6	Fri	7:34	5.2	7:55	5.9	1:37	-0.7	1:46	-0.7	5:49	7:56	
7	Sat	8:26	5.2	8:46	5.9	2:30	-0.8	2:38	-0.7	5:48	7:57	
8	Sun	9:19	5.1	9:37	5.7	3:22	-0.8	3:28	-0.5	5:47	7:58	
9	Mon	10:15	4.9	10:31	5.4	4:12	-0.7	4:17	-0.3	5:46	7:59	
10	Tue	11:12	4.7	11:28	5.1	5:02	-0.4	5:08	0.1	5:45	7:59	
11	Wed			12:11	4.5	5:55	-0.1	6:01	0.4	5:44	8:00	
12	Thu	12:24	4.8	1:07	4.4	6:52	0.2	7:02	0.7	5:43	8:01	
13	Fri	1:19	4.5	2:00	4.3	7:51	0.4	8:07	0.9	5:42	8:02	
14	Sat	2:12	4.3	2:52	4.3	8:49	0.5	9:09	1.0	5:41	8:03	
15	Sun	3:04	4.1	3:45	4.3	9:42	0.5	10:05	0.9	5:40	8:04	
16	Mon	3:59	4.0	4:38	4.4	10:29	0.5	10:55	0.7	5:39	8:05	
17	Tue	4:54	4.0	5:27	4.6	11:12	0.5	11:41	0.6	5:38	8:06	
18	Wed	5:44	4.1	6:11	4.8	11:53	0.4			5:37	8:07	
19	Thu	6:28	4.2	6:51	4.9	12:25	0.4	12:33	0.4	5:36	8:08	
20	Fri	7:10	4.2	7:28	5.0	1:08	0.3	1:13	0.4	5:36	8:09	
21	Sat	7:49	4.2	8:04	5.0	1:51	0.2	1:54	0.4	5:35	8:10	
22	Sun	8:27	4.2	8:38	5.0	2:33	0.1	2:33	0.4	5:34	8:11	
23	Mon	9:04	4.1	9:12	4.9	3:13	0.1	3:11	0.5	5:33	8:11	
24	Tue	9:43	4.0	9:48	4.8	3:52	0.1	3:48	0.6	5:33	8:12	
25	Wed	10:25	4.0	10:29	4.8	4:30	0.2	4:24	0.7	5:32	8:13	
26	Thu	11:13	4.0	11:19	4.7	5:09	0.3	5:04	0.8	5:32	8:14	
27	Fri			12:05	4.0	5:52	0.3	5:54	0.9	5:31	8:15	
28	Sat	12:14	4.6	1:00	4.2	6:44	0.4	7:00	0.9	5:30	8:16	
29	Sun	1:12	4.6	1:54	4.4	7:45	0.4	8:16	0.8	5:30	8:16	
30	Mon	2:11	4.6	2:51	4.7	8:47	0.2	9:27	0.6	5:30	8:17	
31	Tue	3:12	4.6	3:52	5.0	9:47	0.1	10:30	0.3	5:29	8:18	